



Pacific Northwest Swimming
2013 PN NWAC Halloween Invitational – Sanction #1310-SP08
Vanderzicht Memorial Pool
Oak Harbor, Washington

Hosted by North Whidbey Aquatic Club

Held under sanction of Pacific Northwest Swimming, Inc., and USA Swimming, Inc.

SCHEDULES	Session 1	Session 2	Session 3	Session 4
Dates	Saturday, October 26, 2013	Saturday, October 26, 2013	Sunday, October 27, 2013	Sunday, October 27, 2013
Coaches' Meetings	7:45 a.m. – Coaches' packets at Clerk of Course	As needed	As needed	As needed
Officials' Meetings	45 minutes before start of competition	45 minutes before start of competition	45 minutes before start of competition	45 minutes before start of competition
Timers' Meetings	20 minutes before start of competition	20 minutes before start of competition	20 minutes before start of competition	20 minutes before start of competition
Warm-ups	8:00-8:50 a.m.	Immediately following conclusion of session 1	8:00-8:50 a.m.	Immediately following conclusion of session 3
Timed Finals	9:00 a.m.	45 minutes after start of warm-ups	9:00 a.m.	45 minutes after start of warm-ups

MEET DIRECTOR:

Bill Patterson

- headcoach@oakharborpool.com
- 360-675-7665 (w)
- 503-515-2810 (c)

MEET REFEREE:

Aline Bensen

- 425-316-8745

LOCATION AND DIRECTIONS

John Vanderzicht Memorial Pool
85 SE Jerome Street
Oak Harbor, WA 98277

Directions: From I-5 at Burlington, take Exit 231 onto Hwy 20 west. Proceed for 25 miles into Oak Harbor. Take a left on Whidbey Avenue (4th stoplight after entering Oak Harbor). Go east 6 blocks, and take a right on Jerome. Pool is second building on the right.

FACILITY

- 25 meter, 6-lane competitive pool
- Starting end 12.0 feet deep; turning end 3.4 feet deep
- The competition course has not been certified in accordance with 104.2.2C(4).
- No warm-up pool; at the meet referee's discretion, one lane may be dedicated to continuous warm-up/warm-down
- Spectator seating in bleachers at north end
- Colorado electronic timing system
- Scoreboard: one-line readout
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or in the starting block area.
- Except where venue facilities require otherwise, changing in or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

ONSITE AMENITIES

- Vendor: Swim2000
- Heat Sheets: \$5
- Results: PNS web site
- Concessions: delicious
- Hospitality: for coaches and officials only
- Parking: in front of pool and on the street

ELIGIBILITY:

- All swimmers must be registered with USA Swimming or be a FINA member covered under USA Swimming's "open-border" policy included in its Registration Manual.
- Age groups are based on the age of the swimmer as of the first day of the meet.
- Age groups for competition will be 10&U, 11-12, and Open.
- This is an invitational meet. Clubs interested in an invitation should contact the Meet Director. An invitation does not guarantee acceptance due to session limitations listed below.

ENTRY INFORMATION:

- Each swimmer may enter up to a maximum of five (5) individual events plus two (2) relays per day. Entries exceeding this limit will be scratched without notification, and entry fees for entry count limitation scratches will not be refunded.
- For the 12&U sessions, NWAC will accept entries on a whole-team basis until the four-hour limit has been reached; entries for the open sessions will be accepted until the session has reached five hours.
- An estimated time for seeding purposes should be provided for swimmers who would otherwise enter the 400 IM and/or 400 Free as NT (no time).
- Deck entries for individual events will be allowed in open lanes at the discretion of the meet referee. Deck-entry individual swims are not eligible for awards or team points. Deck-entry fees must be paid prior to the swim.
- Deck entered swimmers who are not already in the meet are required to show proof of appropriate athlete registration and complete a PNS Deck Entry Registration at the Clerk of Course in order to enter.



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- All USA Swimming registration numbers will be verified with the PNS registration database.

ENTRY FEES:

- Surcharge: \$5.00
- Deck entry surcharge: \$10.00 (swimmer not previously in meet)
- Individual Event: \$4.00
- Relay: \$8.00
- No refunds or credits will be given for events entered but not swum.
- All fees must accompany entries.

AWARDS AND SCORING:

- Individual events: Individual event ribbons will be awarded to the top six boys and top six girls per age group. Open events will be split into 14&U and 15&O for scoring/awards. Scoring 7-5-4-3-2-1.
- Individual High-point Trophies will be awarded to the top three boys and top 3 girls per age group in individual events.
- Relay events: Ribbons 1st – 6th places. Scoring 14-10-8-6-4-2.
- Team Trophies will be awarded the top three teams based on points.

MEET RULES:

- Current PNS and USA Swimming rules govern throughout the meet, including warm-ups.
- All events will be seeded and swum slowest to fastest in event number order.
- The 400 IM and 400 free for all age groups will be deck seeded, requiring a positive check-in by one hour prior to the scheduled start of the event. Coaches are asked to provide an estimated time for 400 IM and 400 Freestyle swimmers who would otherwise be entered as NT (no time).
- Fly-over starts will be used for all events except backstroke, and relays.
- No diving at shallow end of pool.

WARM-UP PROCEDURES:

- Circle swim counter-clockwise only.
- Last half hour of each warm-up period:
 - Lanes 1 & 6—pace lanes, no diving
 - Lanes 2 & 5—sprint lanes, dive starts, return in lanes 3 & 4
 - Lanes 3 & 4—general warm-up, no diving
- Additional sprint lanes may be opened by the meet referee.
- The pool will close ten (10) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the meet referee to accommodate the number of swimmers entered.

SAFETY:

- No diving from the blocks or sides of pool except for designated sprint lanes during designated times in main pool.
- Jumping into the pool is not allowed.
- Backstroke swimmers enter the water feet first in rotation; no diving over persons in the water.
- Deck marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or club who does not follow the safety rules during warm-ups or the meet.

- Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
- All participating swimmers must be under the supervision of a USA Swimming or of a FINA-member organization coach included in USA Swimming's "open border" policy. The Meet Referee may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make arrangements prior to the start of warm-ups and to so notify the Meet Referee.
- Any swimmer entered in the meet must be certified by a USA Swimming or FINA-member organization coach included in USA Swimming's "open border" policy as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

OTHER NOTES:

- In granting this sanction it is understood and agreed that PNS and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Only authorized volunteers and working personnel can be on in the roped-off meet operations part of the deck. All others must remain in the designated spectator area and are not allowed in the designated racing venue unless timing for an event or volunteering with the management of the meet.
- In order to be on deck and serve in their official capacity, all coaches, officials and any other person required by sanction to be members of USA Swimming or of a FINA-member organization shall visibly display their membership credentials at all times.
- All persons acting in any coaching capacity must be coach members of USA Swimming or of a FINA-member organization included in USA Swimming's "open border" policy.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual.
- Team Areas: Please keep your area clean, and pick up all trash before leaving each session.



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ENTRY SUBMITTAL INFORMATION: Entries will be only be accepted upon receipt of all of the following prior to the entry deadline, Wednesday, October 16, 2013.

Entry File from Team Manager or equivalent.

2. Meet Entry Reports for individual (sorted by swimmer) and relay (sorted by event) events from Team Manager or equivalent.

3. Meet Entry Fee Report from Team Manager or equivalent.

4. Master Entry Summary Form—Completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted

5. Meet Entry Fees—one check payable to NWAC.

Submittal Formats:

- Electronic files: email items #1, #2, and #3.
- Hardcopies: mail or hand-deliver items #4 and #5. If sending via express mail, waive signature requirement.
- To ensure correct entries, teams that do not have Team Manager or equivalent software can use Hy-Tek Lite to complete and submit entries for this meet. It is available at <http://www.hy-tek ltd.com/downloads/html> at no charge.

Submittal Notes:

- Late, incomplete, or paper entries will not be processed.
- Relay-only swimmers must be listed on the Meet Entry Report or equivalent, and appropriate surcharges must be included with the entry.
- Recheck all entries as no additional entries or corrections will be accepted after the deadline except deck entries.
- All entry times must be SCM. Please use the provided TM events file for your entries.
- Your cooperation is appreciated in facilitating the entry process by making your entries complete, orderly, and legible.

Bill Patterson

85 SE Jerome Street

Oak Harbor, WA 98277

360-675-7665 (pool); 503-515-2810 (home)

- Email entries to: Bill Patterson headcoach@oakharborpool.com
- Meet Entry Questions: Bill Patterson



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2013 NWAC Halloween Invitational Order of Events					
Saturday am			Saturday pm		
#	Desc	Event	#	Desc	Event
1	G 10u	200 free	33	G open	200 free
2	B 10u	200 free	34	B open	200 free
3	G 11-12	200 free	35	G open	200 med relay
4	B 11-12	200 free	36	B open	200 med relay
5	G 10u	200 med relay	37	G open	100 fly
6	B 10u	200 med relay	38	B open	100 fly
7	G 12u	200 med relay	39	G open	100 im
8	B 12u	200 med relay	40	B open	100 im
9	G 10u	50 back	41	G open	200 back
10	B 10u	50 back	42	B open	200 back
11	G 11-12	50 back	43	G open	50 free
12	B 11-12	50 back	44	B open	50 free
13	G 10u	100 fly	45	G open	100 breast
14	B 10u	100 fly	46	B open	100 breast
15	G 11-12	100 fly	47	G open	50 back
16	B 11-12	100 fly	48	B open	50 back
17	G 10u	100 im	49	Mixed open	400 im
18	B 10u	100 im			
19	G 11-12	100 im			
20	B 11-12	100 im			
21	G 10u	50 free			
22	B 10u	50 free			
23	G 11-12	50 free			
24	B 11-12	50 free			
25	G 11-12	200 back			
26	B 11-12	200 back			
27	G 10u	100 breast			
28	B 10u	100 breast			
29	G 11-12	100 breast			
30	B 11-12	100 breast			
31	Mixed 11-12	400 im			



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Sunday am				Sunday pm		
#	Desc	Event		#	Desc	Event
51	G 10u	200 im		89	G open	200 im
52	B 10u	200 im		90	B open	200 im
53	G 11-12	200 im		91	G open	200 fr relay
54	B 11-12	200 im		92	B open	200 fr relay
55	G 10u	200 fr relay		93	G open	200 breast
56	B 10u	200 fr relay		94	B open	200 breast
57	G 12u	200 fr relay		95	G open	50 fly
58	B 12u	200 fr relay		96	B open	50 fly
59	G 8u	25 fly		97	G open	100 free
60	B 8u	25 fly		98	B open	100 free
61	G 10u	50 fly		99	G open	100 back
62	B 10u	50 fly		100	B open	100 back
63	G 11-12	50 fly		101	G open	50 breast
64	B 11-12	50 fly		102	B open	50 breast
65	G 8u	25 back		103	G open	200 fly
66	B 8u	25 back		104	B open	200 fly
67	G 10u	100 back		105	Mixed open	400 free
68	B 10u	100 back				
69	G 11-12	100 back				
70	B 11-12	100 back				
71	G 8u	25 breast				
72	B 8u	25 breast				
73	G 10u	50 breast				
74	B 10u	50 breast				
75	G 11-12	50 breast				
76	B 11-12	50 breast				
77	G 11-12	200 fly				
78	B 11-12	200 fly				
79	G 8u	25 free				
80	B 8u	25 free				
81	G 10u	100 free				
82	B 10u	100 free				
83	G 11-12	100 free				
84	B 11-12	100 free				
85	G 11-12	200 breast				
86	B 11-12	200 breast				
87	Mixed 10u	400 free				
88	Mixed 11-12	400 free				



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MASTER ENTRY SUMMARY

Please complete this form and send with your entries (disk or hard copy). Failure to submit this form will delay your entry processing and may result in your entries being rejected.

TEAM NAME:			
TEAM CODE:		LSC CODE:	
COACH:		HOME PHONE:	
EMAIL ADDRESS:		OFFICE PHONE:	
TEAM MAIL ADDRESS:		CELL PHONE:	
CITY, STATE, ZIP:		POOL PHONE:	
ENTRY INFORMATION PREPARED BY:		PHONE:	

MEET ENTRY FEES ENCLOSED:

SURCHARGE:		X \$ 5.00	\$
INDIVIDUAL EVENTS:		X \$ 4.00	\$
RELAYS:		X \$12.00	\$
		SUBTOTAL:	\$
LESS OUTREACH VOUCHERS:			(\$)
		TOTAL:	\$

Make one check payable to **NWAC**

THE FOLLOWING STATEMENT MUST BE SIGNED: I attest that all swimmers entered hereon are properly registered athlete members of USA Swimming, Inc. or of a FINA-member organization included in USA Swimming's "open border" policy.

Signature of Coach or Team Representative

Date

Phone Number

Important Note: Upon processing of the pre-meet exception report, PNS will register as a full-year USA Swimming athlete member any swimmer not then registered. PNS shall require the club or responsible party to pay an amount equal to the current full-year USA Swimming athlete registration fee, including the PNS surcharge, plus a \$15.00 fine for each athlete who is registered from the pre-meet exception report. The fines are due prior to the entry deadline of the next meet entered by the team being fined or within 15 business days after the receipt of the fine statement, whichever occurs first. See PNS AD 97-08 for additional information.