

7th Annual Dick LaFave Long Course Kickoff - 4/25/2014 to 4/27/2014**Weyerhaeuser King County Aquatic Center, Sanction #: 1304-SP05****hosted by South Snohomish County Dolphins****Session Report**

Session: 1 Friday pm

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 11-12 400 IM	34	5u	04:00 PM	_____
Finals	2 Mixed 13 & Over 400 IM	52	7u	04:35 PM	_____
Finals	3 Mixed 12 & Under 400 Freestyle	87	11u	05:20 PM	_____
Finals	4 Mixed 13 & Over 400 Freestyle	106	14u	06:34 PM	_____
	Swimmers Counts for Warm-ups: 238	=====	=====		
	Entry / Heat Totals:	279	37		
	Finish Time			07:56 PM	_____

Session: 2 Saturday A.M.

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 22 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	5 Mixed 12 & Under 50 Butterfly	257	33	08:30 AM	_____
Finals	6 Mixed 12 & Under 50 Backstroke	302	38	09:06 AM	_____
Finals	7 Mixed 12 & Under 50 Breaststroke	257	33	09:49 AM	_____
Finals	8 Mixed 12 & Under 50 Freestyle	317	40	10:30 AM	_____
	Break: 2 Minutes				
Finals	9 Mixed 12 & Under 200 Freestyle	183	23u	11:13 AM	_____
	Swimmers Counts for Warm-ups: 465	=====	=====		
	Entry / Heat Totals:	1,316	167		
	Finish Time			12:31 PM	_____

Session: 3 Saturday P.M.

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	10 Mixed 13 & Over 200 Butterfly	47	6u	01:30 PM	_____
Finals	11 Mixed 13 & Over 100 Backstroke	236	30	01:48 PM	_____
Finals	12 Mixed 13 & Over 200 Breaststroke	120	15u	02:30 PM	_____
Finals	13 Mixed 13 & Over 100 Freestyle	296	37	03:19 PM	_____
Finals	14 Mixed 13 & Over 200 IM	252	32u	04:03 PM	_____
	Swimmers Counts for Warm-ups: 343	=====	=====		
	Entry / Heat Totals:	951	120		
	Finish Time			05:37 PM	_____

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Session: 4 Sunday A.M.

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Mixed 11-12 200 Butterfly	14	2u	08:30 AM	_____
Finals	16 Mixed 12 & Under 100 Backstroke	262	33	08:37 AM	_____
Finals	17 Mixed 11-12 200 Breaststroke	38	5u	09:31 AM	_____
Finals	18 Mixed 12 & Under 100 Freestyle	279	35	09:49 AM	_____
Finals	19 Mixed 12 & Under 200 IM	165	21u	10:40 AM	_____
Finals	20 Mixed 12 & Under 100 Breaststroke	222	28	11:51 AM	_____
Finals	21 Mixed 11-12 200 Backstroke	49	7u	12:43 PM	_____
Finals	22 Mixed 12 & Under 100 Butterfly	100	13	01:06 PM	_____
	Swimmers Counts for Warm-ups: 406	=====	=====		
	Entry / Heat Totals:	1,129	144		
	Finish Time			01:26 PM	_____

Session: 5 Sunday P.M.

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Mixed 13 & Over 50 Freestyle	284	36	02:00 PM	_____
	Break: 10 Minutes				
Finals	24 Mixed 13 & Over 100 Butterfly	171	22	02:30 PM	_____
Finals	25 Mixed 13 & Over 200 Backstroke	122	16u	03:00 PM	_____
Finals	26 Mixed 13 & Over 100 Breaststroke	188	24	03:46 PM	_____
Finals	27 Mixed 13 & Over 200 Freestyle	219	28u	04:24 PM	_____
	Swimmers Counts for Warm-ups: 348	=====	=====		
	Entry / Heat Totals:	984	126		
	Finish Time			05:36 PM	_____