



**2016 USA SWIMMING/SPEEDO CHAMPIONS SERIES
WESTERN REGION SECTION CHAMPIONSHIP**
Hosted by Mt Hood Aquatics
Mt. Hood Aquatic Center
July 20-23, 2016

Held Under the Sanction of Oregon Swimming and USA Swimming, Inc.
Sanction No.: 16-084.
Time Trial Sanction No.: 16-085.

Location: Mt. Hood Community College Aquatic Center, 26000 SE Stark, Gresham, OR; telephone (503) 491-7243; Eastbound: Take I-84 (Troutdale), continue past the fast food restaurants, turn right at light onto 257th, continue up the hill approximately 2.6 miles, turn left onto 17th Street, take first left into parking lot, the pool is on the left behind the soccer field; Westbound: Take I-84 toward Portland to exit 17, go south on 257th and follow the instructions above.

Facility: Outdoor pool, 50 meters by 25 yards, 8 lanes, 2.5 meters per lane. The deep end of the pool is 16 feet deep. The shallow end of the pool is 6.0 feet deep. Parking available and seating for 3,000 spectators. The indoor pool (25 yards by 15 yards) will be open for warm-up/cool-down swims during the entire meet. Swim venue includes: all areas enclosed in the indoor pool natatorium and the outdoor pool area. Open pool deck areas available for swimmers, coaches and officials only. New features: Electronic timing and matrix scoreboard. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Meet Referee: **John Gagliardo** **Admin Referee: Bob Keller**
(cell) 206-291-4026 (cell) 425-761-9213
jcg-meetref@comcast.net arefgresh16@gmail.com

Meet Director: Jody Rash
(cell) 541-580-6512
coachjodymha@gmail.com

Meet Entry Chairperson: Julie Greenaway
(cell) 503-804-8743
agreana833@aol.com

General meeting, preliminary and finals warmup and start times are as listed herein. These meeting and start times are subject to change dependent on entry count and estimated timelines. Meet management in consultation with the Meet Referee and Western Section officers will review upon closure of entries. Any changes in start times will be e-mailed to the primary coaches of record in the OME system and also posted to the Oregon Swimming, Mt. Hood Aquatics, the Western Zone Swimming, and USA Swimming websites.



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Dates: **July 20-23, 2016: Wednesday, Thursday, Friday, and Saturday**
 Tuesday, July 19, 2016, 1:00 p.m. to 7:00 p.m. the pool is available for supervised warm-up (no marshals), certified coaches must be on deck. Additional time may be available. Contact Tanya Richardson at Tanya.Richardson@mhcc.edu for more information.

Schedule:

PRE-MEET/ MEETING SCHEDULE	DESCRIPTION	TIME
Tuesday, July 19	Supervised warm-up (no marshals); coach must be on deck	1:00-7:00 pm
Tuesday, July 19	General Meeting	4:30 pm
Friday, July 22	Section Business Meeting	Following the completion of the preliminary session
OFFICIALS MEETINGS	1 hour before each session each day	
MEET SCHEDULE	PRELIMS	FINALS
Wednesday-Saturday, July 20-23	Warm-up: 8:00-9:50 am Competition: 10:00 am	Warm-Up: 4:00-5:20 pm Competition: 5:30 pm

Rules: Current USA Swimming rules will govern this meet. Meet format will be Prelims (8 lanes) and Finals (8 lanes). One championship heat (8 lanes) and three consolation heats (8 lanes) will compete in Finals except as noted in Schedule of Events. Seeding for the meet will be Long Course Meters (LCM), Short Course Meters (SCM), Short Course Yards (SCY).

PLEASE REVIEW SCRATCH RULES AND CHECK-IN PROCEDURES LISTED ON FOLLOWING PAGES.

Eligibility: Open to all swimmers who:

1. Are currently registered with an USA Swimming LSC within the Western Region Section of the Western Zone (AZ, HI, IE, MT, CO, NM, UT, WY, PN, OR, AK, or SR) as of the day meet entries close.
2. Are a full-year member of USA Swimming. **Note: It is the legal responsibility of each club to ensure that each swimmer listed on the Master Entry Form is USA Swimming Registered for the current year. There will be no on-deck USA Swimming registration**
3. Have met the appropriate 2016 qualifying times in competition, between June 1, 2015 and the entry deadline (July 11, 2016).



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4. Meet management will produce a psych sheet prior to the start of the meet with markings to indicate times requiring proof as required under #5 below. The psych sheet will be e-mailed to all who have requested by e-mail and will be posted on the Mt Hood Aquatics website (www.mthoodaquatics.org).
5. Each entry time used must be from a “Sanctioned” or “Approved” meet, or from an “Observed Swim” in accordance with USA Swimming Rules and Regulations. Entry times which are not in the SWIMS database must be proved to the Meet Director, or designated representative, prior to the scratch deadline for the event. **Failure to provide such proof of time prior to the scratch deadline for the event will result in the swimmer not being able to swim.**
6. Unattached swimmers participating under the provisions of 202.6 or USA Swimming’s “open border” policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet.
7. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
8. Please note **deck changing is prohibited.**

Event Limit: Each swimmer entered may participate in up to six (6) individual events and up to five (5) relays. Each swimmer may enter up to two (2) bonus swims. No swimmer may participate in more than three (3) individual events per day, including time trials and bonus swims. Relay only swimmers may be entered in this meet and may participate in time trials. All swimmers are limited to three (3) time trials.

Swimmers with disabilities who have achieved Cam-Am qualifying time standards during the qualifying period for this meet may enter up to 4 events. Each swimmer has the option of swimming a half distance for any individual event entered. Swimmers with disabilities may also participate in the Time Trials on the same basis.

Teams may enter more than two (2) relay teams in each relay event but only the fastest two (2) teams from each club will be scored and appear in the Top 16 results in each relay event.



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Time Line:

All preliminary events except the 50 M Freestyle and Relays may be double ended with starts from both ends of the pool. If the projected length of a preliminary session exceeds 4½ hours, the Meet Referee, in consultation with the meet host and the Western Region Section Officers, reserves the right to divide the preliminary session into “A” and “B” sessions. The “A” session will consist of the fastest 7 heats (5 of the 400 meter events) with the remainder of the heats in the “B” session. The “B” session will be swum fastest to slowest.

If the projected length of Wednesday’s 800 freestyle preliminary timed final events does not allow for the scheduled Finals start time, the Meet Referee reserves the right to first, reduce the warm-up time for the Finals’ session to one hour; second, to swim some number of the heats two-to-a-lane and third, to begin the Wednesday warm-up period and the preliminary session one hour earlier (7:00 am and 9:00 am respectively).

If the projected length of Saturday’s 1500 freestyle preliminary events does not allow for the scheduled Finals start time, the Meet Referee reserves the right to first, reduce the warm-up time for the Finals’ session to one hour; second, to swim some number of the heats two-to-a-lane and third, to begin the Saturday warm-up period and the preliminary session one hour earlier (7:00 am and 9:00 am respectively).

Entries:

Entries may be submitted on line beginning on May 15, 2016 (12:00AM PDT) through the USA Swimming website: www.usaswimming.org/ome.

Entries through the on-line entry system are required. On-line entries will be accepted until July 11th (11:59PM PDT). You will be required to **pay for the online entries with Visa, Mastercard, American Express, or Discover. There is an OME option to pay by check. Please send payable to: MHA, c/o Julie Greenaway, 1409 SE 207th Avenue, Gresham, OR 97030. Email: agreena833@aol.com.** Once you complete your online entry you will be sent a confirmation email. Bring all communications with you to the meet in case of problems with entries. You can return to your entry after you have checked out to modify entry times should they improve during the entry period. You can also add events to your entry but you **cannot delete events after you have paid for them.** If you are entering online, please DO NOT submit a paper entry to USA Swimming. For help with on-line entry, please contact Jamie Lewis at USA Swimming at 719-866-3580, jlewis@usaswimming.org.

Please enter with an accurate time achieved in the proper course. **Conversion times will not be accepted.** The meet will be seeded using the LCM times first, followed by SCM and finally SCY.



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Entries must be accompanied by payment. Swimmers' current USA Swimming numbers must be on the entry form. **E-mailed entries will be accepted for the following:**

- 1) First time swims made July 12th through 17th until 11:59 p.m. (PDT) Sunday, July 17^h, 2016.**
- 2) Late entries (not first time swims/qualifiers) which will be accepted until 12:00 noon on Monday, July 18th and will be charged double the entry fees.**

Entry Fees & Surcharge:

- \$35.00 Surcharge per Swimmer
- \$15.00 Individual Event Fee
- \$36.00 Relay Fee
- \$17.00 Time Trial fee for individual events and \$39.00 Time Trial fee for relay events

Entry Deadline:

- 1. On-line entries will be accepted until July 11th (11:59PM PDT).**
- Entries for first time qualifying swims must be received no later than 11:59 p.m. (PDT) on Sunday, July 17, 2016, and may not be used to improve the seed time of a previously submitted entry.
- 3. Late entries will be accepted until 12:00 noon (PDT) on Monday, July 18, 2016 and will be assessed double the entry fee (again updating of times is not permitted).**

\$30.00 Late Individual Event Fee
\$72.00 Relay Fee

Entry Address: On Line Entry System: www.usaswimming.org/ome
Questions after the entry deadline concerning meet entries should be directed to the Meet Referee and the Meet Director.

Scratch Procedures: The USA Swimming National Championship scratch procedure and no show rule will be used at this meet, subject to the modifications described below. These rules are described in the current USA Swimming Rules (207.11.6 in the 2016 Rule Book).

SWIMMERS AND/OR COACHES MUST CHECK IN FOR THE 800 FREESTYLES AND 800 FREE RELAYS ON TUESDAY AFTERNOON NO LATER THAN 30 MINUTES AFTER THE CONCLUSION OF THE GENERAL MEETING. THEREAFTER, SWIMMERS ARE CONSIDERED CHECKED IN FOR ALL OTHER INDIVIDUAL EVENTS EXCEPT THE 1500 FREESTYLES UNLESS SCRATCHED. ALL RELAYS ARE POSITIVE CHECK-IN.



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1. The Scratch Box will be located at the Administrative Referee area for the duration of the meet.
2. Scratches prior to the seeding of preliminary heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box, available at the Administrative Referee area.
3. Entrants in the 800 and 1500 Freestyles must check-in and confirm their intention to compete before the scratch deadline in order to be seeded by entry time. For the 1500-meter freestyles, seeded heat sheets will be published at the end of finals on Friday.
4. Scratch/Check-in deadlines are as follows: Check in for all relays and the 1500 Freestyles, or place your scratch card in the Scratch Box located at the Administrative Referee area according to the following time lines:
 - A. **Wednesday, July 20th** – The Scratch Box will close 30 minutes following the conclusion of the General Meeting on Tuesday, July 19th. For teams who do not have swimmers in Wednesday's events, the option to check in via e-mail or by phone to the Administrative Referee will be available. This may be done by calling the Administrative Referee, Bob Keller, (cell) 425-254-8078 or e-mailing bob_keller@comcast.net or Meet Director, Jody Rash, (cell) 541-580-6512 or e-mailing coachjodymha@gmail.com This is available only for the Wednesday's events. All other days will require physical check-in. Coaches' packets may be picked up at the Clerk of Course. Current coaching credentials must be shown in order to pick up packet.
 - B. **Thursday, July 21st** - The Scratch Box will close 30 minutes after the start of Wednesday's Finals session (6:00 p.m.).
 - C. **Friday, July 22nd** – The Scratch Box will close 30 minutes after the start of Thursday's Finals session (6:00 p.m.).
 - D. **Saturday, July 23rd** - The Scratch Box will close 30 minutes after the start of Friday's Finals session (6:00 p.m.). Entrants in the 1500-meter freestyles must check-in and confirm their intention to compete before the scratch deadline on Friday in order to be seeded. Those swimmers who do not check in will be downseeded to the slowest entry time.
 - F. **Finals** - swimmers should report to the Administrative Referee within 30 minutes of the announced qualifiers for that race that they may not intend to compete and should further declare to the Administrative Referee their final intentions within thirty (30) minutes following their last individual preliminary event.

Entries for all relays must be checked in prior to the scratch deadline in order to be seeded. Each coach shall pick up relay entry forms from the Clerk of Course on which he/she shall list the competing relay swimmers and order of swimming for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation no later than one (1) hour prior to the start of relays. However, they may be changed up to the time of the swim.



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Scoring:

Scoring will be on a sixteen (16) place basis (must meet time standard).
Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1.
Relay Events receive double these point values.

Teams may enter more than two (2) relay teams in each relay event but only the fastest two (2) teams from each club will be scored and appear in the Top 16 results in each relay event.

Awards:

Medals will be provided for top 8 places for individual and 3 places for relay events
Trophies/Plaques for team awards -- first through third places for Men, Women and
combined Women's and Men's Individual High Point Awards
Team scoring will be based on 16 places per event including relays.

Travel Fund:

Swimmers who attend both this Sectional Championship and 2016 Olympic Trials, 2016 USA Swimming Long Course National Championships, or Long Course Junior National Championship are eligible to receive a travel reimbursement. The amount of the reimbursement will be determined based upon total entry fees for this meet and the number of swimmers who qualify and attend the 2016 Long Course National Championship and Long Course Junior National Championship. Application for the reimbursement must be made by using the appropriate form (posted on website) within 15 days following the conclusion of the 2016 Junior National Championships (August 25, 2016).

Meetings:

Section Business Meeting: The section business meeting will take place on Friday, July 22nd following the conclusion of the preliminary session in the Hospitality Room. Please send agenda items to Robert Broyles, deepspace@prodigy.net.

General Meeting: A general meeting will be held Tuesday, July 19th at 4:30 p.m. in the Hospitality Room. Teams must have a coach or team representative in attendance.

Officials: There will be an officials meeting one (1) hour prior to the beginning of each session each day.

Officials: We appreciate the help of certified officials from other clubs. If you will be attending this meet and are willing to help officiate, please return the attached Application to Officiate. In order to be considered for an assigned position, applications must be received by June 12, 2016.



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National Championship

Certification: This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew this level of certification must apply on the attached application form. Instructions for Certification will be provided during the Officials' briefings.

Hospitality: A hospitality room will be provided for officials and coaches.

Warm-Up Procedures:

General Warm-up (first half) NO DIVING from the blocks or sides of pool.
Sprint and Pace Warm-up (remainder).
Lanes 1 & 8 pace lanes—push off, one or two lengths and back.
No diving or racing starts. CIRCLE SWIM ONLY.
Lanes 2 & 7 sprint lanes—dive start, swim only one direction (return from adjacent lane).
Backstrokers enter the water feet first in rotation. No diving over persons in the water.
Lanes 3, 4, 5, & 6 general warm-up—No Diving.
Additional sprint lanes may be made available upon request to the Referee.

****Warm-up may be modified to accommodate the number of swimmers entered at the discretion of the meet management in agreement with the Referee.**

Shaving is not permitted in this facility.

Time Trials: Time trials will be conducted on a time available basis, and if conducted, will be limited to approximately one (1) hour each day. Please note, given the 800 Freestyles swimming at the end of prelims on Wednesday, it is possible there will be a limited number or no trials held/available on Wednesday. Similarly, the 1500 Freestyles swimming at the end of prelims on Saturday may limit the number and/or availability of time trials on Saturday. To the extent possible, this will be discussed during the General Meeting on Tuesday.

Swimmers must be entered in the meet to participate in time trials. Each time trial swim will count toward the daily event limit, with a combination of time trials and meet events not to exceed three (3) per day. Swimmers are limited to a maximum of three (3) time trials during the course of the meet. Entries must be turned into the Clerk of Course with the fee (\$17.00/ind and \$39.00/relay) no later than one hour before the projected end of preliminaries.



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Except as noted below, Time Trials shall be swum in the order listed under the meet program as follows:

1. First and all subsequent days except the final day: That day's events will be swum, followed by the events of the remaining day(s) of the meet, followed by the events of the previous days. Time trials will only be offered if there is sufficient time after swimming the preliminary heats of the 800 freestyle.
2. Final Day: Time trials will only be offered if there is sufficient time after swimming the preliminary heats of the 1500 freestyle.
3. Exception: On the day the 50-meter freestyle is contested, the 50 meter freestyle time trials will be the first event in the time trial program. On all other days, the 50 meter freestyle will be the last event of the time trial program.
4. The 1500 freestyle will be offered only once, on the day there is the most amount of time between sessions. The day will be announced at the General Meeting on Tuesday, July 19th.

Timers: Swimmers/clubs are responsible for providing their own timers for the 1500 freestyle swims on Saturday afternoon. Swimmers/clubs are also responsible for providing their own timers for any time trial event.

Teams will be assigned lanes for the Prelim sessions based on number of swimmers entered. Timing assignments will be e-mailed out once entries have been processed.

Concessions: Snack bar is available throughout the competition and is controlled and operated under contract with Chartwells and the Aquatic Center - the host team/MHA and Oregon Swimming receive no benefit.

Social Events: Officials/Coaches Social will be held Friday, July 22nd following the conclusion of finals. Details to follow.

Programs:

Psych Sheets:	\$10.00
Heat Sheets:	Prelims - \$3.00 each session
	Finals - \$2.00 each session
Results:	\$5.00 (Please order at the Clerk of Course)

Information on the Web: Meet information, as well as results of each session, will be posted on the Oregon Swimming, Mt. Hood Aquatics, the Western Zone, and USA Swimming websites. (www.oregonswimming.org or www.mthoodaquatics.org or www.westernzoneswimming.org or www.usaswimming.org).



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Local Hotels/Motels:

Quality Inn Hotel, 503-907-1777
2752 NE Hogan Drive, Gresham, OR 97030

Days Inn , 503-465-1515
24124 SE Stark Street, Gresham, OR 97030

Clarion, 503-665-1591
1060 NE Cleveland, Gresham, OR 97030

Comfort Inn, 800-521-2121 (toll free), 503-492-2900
1000 NW Graham Road, Troutdale, OR 97060

Holiday Inn, 503-669-6500
477 NW Phoenix Drive, Troutdale, OR 97060

Best Western Cascade Inn & Suites, 503-491-9700
23525 NE Halsey Street, Troutdale, OR 97060

Hilton Garden Inn Portland Airport, 503-255-8600
12048 NE Airport Way, Portland, OR 97220

Fairfield Inn Portland Airport, 503-253-1400
11929 NE Airport Way, Portland, OR 97220

Quality Inn Suites Portland Airport, 503-255-1404
9727 NE Sandy Blvd, Portland, OR 97220

Roadway Inn, 503-492-4000
2323 NE 181st Avenue, Gresham, OR 97230

Four Points Sheraton Gresham Hotel (Portland East), 503-491-1818
1919 NE 181st Avenue, Portland, OR 97203

McMenamins Edgefield, 503-669-8610
2126 SW Halsey Street, Troutdale, OR 97060

Hampton Inn, 503-669-7000
3039 NE 181st Avenue, Portland, OR 97230

RV's and Motor homes: There will be **NO OVERNIGHT PARKING** in the Mt. Hood parking lot.



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Qualifying Times

WOMEN				MEN		
SCY	SCM	LCM	Event	SCY	SCM	LCM
24.55	27:31	28.14	50 FREE	22.05	24.35	25.49
52.89	58.20	1:00.66	100 FREE	47.70	52.60	55.29
1:54.86	2:06.54	2:11.55	200 FREE	1:44.33	1:55.49	2:01.00
5:09.03	4:26.82	4:39.11	500Y/400M FREE	4:45.94	4:07.51	4:20.00
10:46.09	9:22.55	9:42.19	1000Y/800M FREE	10:03.86	8:48.32	9:12.79
18:09.88	17:58.11	18:44.59	1650Y/1500M FREE	17:03.26	16:44.43	17:36.59
58.74	1:05.55	1:08.94	100 BACK	53.55	59.47	1:03.66
2:06.55	2:21.52	2:28.00	200 BACK	1:56.75	2:10.89	2:19.00
1:07.46	1:14.11	1:19.63	100 BREAST	1:00.35	1:06.12	1:13.10
2:27.11	2:41.52	2:53.49	200 BREAST	2:12.81	2:24.54	2:39.68
58.06	1:03.73	1:06.27	100 FLY	52.62	58:62	1:00.37
2:10.19	2:24.26	2:31.16	200 FLY	1:58.81	2:11.94	2:19.05
2:09.73	2:23.08	2:30.51	200 IND. MEDLEY	1:57.77	2:10.12	2:17.70
4:36.50	5:04.87	5:18.84	400 IND. MEDLEY	4:13.34	4:40.45	4:57.79
1:44.69	1:56.89	1:59.29	200 FREE RELAY	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	400 FREE RELAY	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	800 FREE RELAY	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	200 MEDLEY RELAY	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	400 MEDLEY RELAY	3:47.49	4:15.75	4:23.39



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ORDER OF EVENTS**

Women's Event #	Wednesday	July 20, 2016	Men's Event #
1	100-meter	Freestyle	2
3	200-meter	Breaststroke	4
5	200-meter	Backstroke	6
7	200-meter	Butterfly	8
9	800-meter (A)	Freestyle Relay	10
11	800-meter (E)	Freestyle	12
Women's Event #	Thursday	July 21, 2016	Men's Event #
13	200-meter (B)	Freestyle Relay	14
15	200-meter	Freestyle	16
17	400-meter	Individual Medley	18
19	200-meter (C)	Medley Relay	20
Women's Event #	Friday	July 22, 2016	Men's Event #
21	100-meter	Backstroke	22
23	400-meter	Freestyle	24
25	100-meter	Breaststroke	26
27	100-meter	Butterfly	28
29	400-meter (A)	Freestyle Relay	30
Women's Event #	Saturday	July 23, 2016	Men's Event #
31	200-meter	Individual Medley	32
33	1500-meter (D)	Freestyle	34
35	50-meter	Freestyle	36
37	400-meter (A)	Medley Relay	38

A: These relay events will be conducted as timed finals with the fastest two heats of women and the fastest two heats of men swum at the end of finals. All other heats will be swum at the conclusion of prelims in the following order: Third and fourth fastest heats of women; third and fourth fastest heat of men; fifth fastest heat of women; fifth fastest heat of men; sixth fastest heat of women; sixth fastest heat of men, etc.

B: The 200 Free Relay will be conducted as timed finals, all heats conducted at the beginning of preliminaries.

C: The 200 Medley Relay will be conducted as timed finals, all heats conducted at the conclusion of finals.

D: The 1500 freestyles will be conducted as timed finals. The fastest heat of women and the fastest heat of men will swim in finals in event number order. All other heats will be swum at the end of preliminaries, alternating women's and men's heats, slowest to fastest. The starting time for each preliminary heat shall be scheduled so that the second fastest heat of men is concluded 90 minutes before the evening's finals session is scheduled to begin.

E: The 800 freestyles will be conducted as timed finals. All heats will be swum at the end of preliminaries in the following order: Two fastest heats of women; two fastest heats of men; then alternating remaining women's and men's heats, fastest to slowest.



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TEAM INFORMATION

TEAM NAME: _____ CLUB CODE: _____

CONTACT NAME: _____ PHONE #: _____

E-MAIL ADDRESS: _____

TEAM ADDRESS: _____

COACH (ES) ATTENDING MEET:

_____	Cell #: _____
_____	Cell #: _____
_____	Cell#: _____

The following statement must be signed by a coach or team representative:
I have read the meet information and attest that all swimmers entered are current (2016), full-year members of USA Swimming.

Signature: _____ Date: _____

ENTRY SUMMARY

Total from Master Entry Form(s)	=	\$ _____
Total from Relay Entry Form =		\$ _____
Team Total =		\$ _____

- I have paid for my entries on OME with a credit card.
- I am mailing a check for payment of my entries on OME to MHA (address below).

ENTRY DEADLINE – 11:59 P.M. MONDAY, July 11, 2016

Mail team information or team information with check to:
MHA
c/o Julie Greenaway
1409 S.E. 207th Avenue
Gresham, OR 97030
agreea833@aol.com



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E-MAIL ENTRY FORM**

TEAM NAME: _____ CLUB CODE: _____

COACH NAME: _____ PHONE #: _____

COACH'S USA ID#: _____ EMAIL ADDRESS: _____

HOME ADDRESS: _____

City State Zip

**E-MAIL QUALIFICATION PERIOD – July 12 - July 17, 2016
E-MAIL DEADLINE – 11:59 p.m., Sunday, July 17, 2016 (PDT)**

LATE ENTRY DEADLINE – 12:00 noon, Monday July 18, 2016 (PDT)

NEW QUALIFYING SWIMS: Swims achieving the qualifying time standards for the first time from Tuesday, July 12, 2016 through Sunday, July 17, 2016. These e-mail entries must be received no later than 11:59 p.m. (PDT) on Sunday July 17, 2016, and may not be used to improve the seed time of a previously submitted entry.

LATE ENTRIES: Swims achieving the qualifying time standards that were not entered previous to the OME deadline and will be charged twice the entry fees. These e-mail entries must be received no later than 12:00 noon (PDT) on Monday, July 18, 2016, and may not be used to improve the seed time of a previously submitted entry.

We have entered the following events on this e-mail entry form:

NEW QUALIFIERS

Women: Individual Events _____ x \$15.00 = _____
Men: Individual Events _____ x \$15.00 = _____
Relays: # of Relays _____ x \$36.00 = _____
Surcharge: # of Swimmers _____ x \$35.00 = _____
Total Entry Fee: \$ _____

LATE ENTRIES:

Women: Individual Events _____ x \$30.00 = _____
Men: Individual Events _____ x \$30.00 = _____
Relays: # of Relays _____ x \$72.00 = _____
Surcharge: # of Swimmers _____ x \$35.00 = _____
Total Entry Fee: \$ _____

Emailed entries must be paid at the Clerk of Course.

The undersigned coach or team representative of all swimmers listed on this entry form hereby certifies that all times stated on this entry form are true and correct.

Coaches Signature: _____

Swimmer Information

Print Name _____ Age _____

Team Name _____

Female _____ Male _____ Registration # _____

Swimmer previously entered in meet? Yes _____ No _____

Event # _____ Event _____ Time _____ Date Achieved _____

Event # _____ Event _____ Time _____ Date Achieved _____

Event # _____ Event _____ Time _____ Date Achieved _____

Event # _____ Event _____ Time _____ Date Achieved _____

Event # _____ Event _____ Time _____ Date Achieved _____

(Duplicate this form as Necessary)



**2016 USA SWIMMING/SPEEDO CHAMPIONS SERIES
WESTERN REGION SECTION CHAMPIONSHIP**

REIMBURSEMENT REQUEST



*** THIS FORM IS DUE NO LATER THAN AUGUST 28 ***

PLEASE PRINT NEATLY

Coach's Name: _____ Phone: _____

Email Address: _____ Date of Request: _____

Coach's Signature: _____

Full Team Name: _____ LSC: _____

Mailing Address for Reimbursement Check: _____
Street or P.O. Box

 City, State, Zip

**USA SWIMMING CHAMPIONSHIP MEET FOR WHICH REIMBURSEMENT
IS REQUESTED -- CIRCLE ONE**

**Swimmer must attend both the Section Meet and U.S. Olympic Team Trials, U.S. Open, or Jr. Nationals
(Please complete a separate form for Trials, Open, and Juniors)**

U.S. Olympic Team Trials U.S. Open Junior Nationals

Dates of USA Swimming Championship Meet: _____ Location: _____

Did Coach Attend Championship Meet? Yes No Name of Attending Coach: _____

Swimmer's Name (Last, First)	Age	Event(s) Competed At Sectionals	Event(s) Competed At Nationals/Juniors (circle 1)

Please send completed form within 15 days of the end of the Championship Meet for which reimbursement is requested to:

Bruce Stratton, Treasurer
 2017 S. Roosevelt St.
 Boise, ID 83705
 (208) 336-4953 FAX (208) 342-8962
 Email: bruce@strattoncpa.com

DUE AUGUST 28, 2016



**2016 USA SWIMMING/SPEEDO CHAMPIONS SERIES
WESTERN REGION SECTION CHAMPIONSHIP
July 20-23, 2016**

Application To Officiate

Applicant must be a member of USA Swimming and an LSC certified official
(PLEASE TYPE OR PRINT CLEARLY)

Name: _____ LSC: _____
 Address: _____ Phone #: _____
 City, State, Zip: _____
 E-Mail Address: _____
 Current LSC Certifications: _____
 Current N2 Certifications and Expiration: _____
 Current N3 Certifications and Expiration: _____
 Years/Months at Highest Level: _____

**ALL APPLICANTS MUST ATTEND MANDATORY OFFICIALS BRIEFINGS
as specified in the Meet information**

DRESS FOR THIS MEET

PRELIMINARIES – White polo shirt, khaki pants (short or long) or skirts/skorts (short or long), white shoes and white socks. **FINALS** – White polo shirt, long khaki pants or skirts (below the knees), white shoes and white socks.

I will serve at all sessions; Yes ___ No ___

I can't serve all sessions. My choices for individual sessions are checked below:

Wed., 20 July	Prelims	_____	Finals	_____
Thurs. 21 July	Prelims	_____	Finals	_____
Fri, 22 July	Prelims	_____	Finals	_____
Sat., 23 July	Prelims	_____	Finals	_____

Shirt Size: _____ [Men's / Women's*]

*while we will endeavor to provide Women's sizes, we cannot promise their availability.

APPLICATION FOR ASSIGNED POSITION: You must be certified for the position(s) for which you apply. If you would like to be considered for an Assigned Position, please check the appropriate box below. If applying for more than one position, please indicate preference (1, 2, 3)

Assignment request: ___Deck Referee ___Starter ___Chief Judge ___Assistant Admin. Referee

IF YOU ARE NOT APPLYING FOR AN ASSIGNED POSITION, please check here: ___Stroke & Turn Only

APPLICATION FOR EVALUATION: If you would like to be observed/evaluated during the meet, complete the following

I request Evaluation as follows: ___For Advancement to N2 ___For Advancement to N3

___For Recertification ___For Education

___Stroke & Turn ___Chief Judge ___Starter ___Deck Referee ___Admin. Referee

Applications for the assigned positions must be **received** by **June 12, 2016**; acceptances will be sent on or about June 19, 2016. Applications for other deck positions will be accepted anytime. **However, only those applying by June 26, 2016 will be assured of receiving a meet shirt.** We will try to accommodate all Requests for Evaluation.

Email your application to: John Gagliardo at jcg-meetref@comcast.net; 206-291-4026