



Pacific Northwest Swimming  
 2017 PN Fall Divisionals, Division 3 - Sanction #1712-FDC03  
 Evergreen State College School Pool  
 Olympia, Washington  
 Hosted by the Evergreen Swim Club

*Held under sanction of Pacific Northwest Swimming, Inc., and USA Swimming, Inc.*

SCHEDULES	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6
Dates	Saturday, December 2, 2017	Saturday, December 2, 2017	Saturday, December 2, 2017	Sunday, December 3, 2017	Sunday, December 3, 2017	Sunday, December 3, 2017
Coaches' Meetings	7:45 AM Coaches' packet at Clerk of Course.	as needed	as needed	as needed	as needed	as needed
Officials' Meetings	8:15 AM	45 minutes before start of session	45 minutes before start of session	8:15 AM	45 minutes before start of session	45 minutes before start of session
Warm-ups	8:00 AM	Immediately following Session 1	Immediately following Session 2	8:00 AM	Immediately following Session 4	Immediately following Session 5
Competition	9:00 AM	Will be announced	Will be announced	9:00 AM	Will be announced	Will be announced

**MEET DIRECTOR:**

Tamarah Hoffman  
 • tamhoffman@comcast.net  
 • 360-866-9392

**MEET REFEREE:**

Tiffany Wright  
 • wrightfoot@comcast.net

**LOCATION AND DIRECTIONS**

Evergreen State College Pool - Evergreen State College  
 2700 Evergreen Pkwy NW  
 Olympia, Washington

**Directions from I-5:** Turn onto Highway 101 at Exit 104. Go west on 101 North for three miles. Take The Evergreen State College exit. Go two miles north on the Evergreen Parkway to the main campus entrance. Take a left at the roundabout, and then an immediate right to turn into Parking Lot C. It is a short walk north to the Recreation Building, just past the Performing Arts Building.

**FACILITY:**

- 25 yard, 8-lane competitive pool
- Starting end 7.0 feet deep, turning end 4.0 feet deep
- The competition course has not been certified in accordance with 104.2.2C(4).
- Warm-up pool in separate dive tank; warm-up/warm-down lane in main pool
- 400 spectator seats
- Colorado timing system; scoreboard with 8-lane readout
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind starting blocks, rest rooms or locker rooms.
- Deck Changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ONSITE AMENITIES:**

- **Vendor:** Fircrest Swim Shop
- **Heat Sheets:** \$5.00
- **Results** on PNS web site
- **Concessions:** available throughout the meet
- **Hospitality:** available for coaches and officials
- **Parking:** Parking Lot "C"

**TEAMS:**

- Evergreen Swim Club
- Blue Dolphin Swim Team
- Fife Area Swim Team
- Issaquah Swim Team
- Olympic Cascade Aquatics
- Poseidon Aquatic Club
- Puget Sound Aquatics
- Quick Water Swim Club
- Shadow Seals
- Tacoma Swim Club
- Thurston Olympians Swim Club
- Valley Aquatics

**ELIGIBILITY & ENTRY INFORMATION:**

- All swimmers must be registered with USA Swimming and Pacific Northwest Swimming through one of the teams listed above. Neither on-deck USA Swimming registration nor on-deck transfer to one of the above-listed teams will be permitted.
- Age groups are based on the age of the swimmer as of the first day of the meet.
- **Deck Entries:** Deck entries for individual events will be allowed in open lanes only at the discretion of the Meet Referee. Deck entry individual swims are not eligible for any awards or team points.
  - Only a swimmer who did not pre-enter the maximum number of individual events may deck enter one or more additional individual events, subject to deck entry parameters and meet/session limits.
  - Deck entered swimmers who are not already in the meet are required to show proof of USA Swimming athlete registration



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through PNS and an eligible team and complete a PNS Deck Entry Registration at the Clerk of Course in order to enter.

- o No deck entry will be considered complete without payment of all appropriate entry fees.
- All USA Swimming registration numbers will be verified with the PNS registration database.

**ENTRY FEES:**

- Surcharge: \$5.00
- Deck entry surcharge: \$10.00 (swimmer not previously in meet)
- 10&U timed finals individual events: \$4.00
- 11&O prelims/finals individual events: \$6.00
- No refunds or credits will be given for events entered but not swum; no event swapping.
- All fees must accompany entries.

**MEET RULES:**

- Current PNS and USA Swimming rules govern throughout the meet, including warm-ups.

**SPECIAL INFORMATION AND RULES FOR 10&U PENTATHLON SESSIONS:**

- Each 10&U Pentathlon swimmer may enter up to a maximum of five (5) individual events. Entries exceeding this limit will be scratched without notification, and entry fees for entry count limitation scratches will not be refunded.
- All 9-10 events will be seeded and swum together by gender, but scored separately by age group and gender.

**Qualifying times:** There are no qualifying or de-qualifying times for 10&U swimmers.

**Awards and Scoring:**

- **Pentathlon Awards** for each age group and gender: 8&U, 9, and 10. The winners of the Pentathlon awards will be the swimmers with the least amount of accumulated time for the five events. A swimmer who is disqualified in one or more individual events is not eligible for Pentathlon awards. To be eligible for Pentathlon awards, a swimmer must be pre-entered in and compete in all five events for his/her age group/gender. Trophy for overall winner in each age group and gender with certificates for 2nd-8th places.
- **Ribbons:** 1st thru 8th for individual events in each awards age group.
- No team points.

**Special Pentathlon Session Rules:**

- All Pentathlon events will be timed finals.
- Any swimmer who deck-enters one or more events is not eligible for Pentathlon awards.

**SPECIAL INFORMATION AND RULES FOR 11&O PRELIMS/FINALS SESSIONS:**

- Each eligible swimmer may enter up to a maximum of three (3) individual events per day. Entries exceeding this limit will be scratched without notification, and entry fees for entry count limitation scratches will not be refunded.
- Events will be swum and scored by event number.

**De-qualifying times:** Swimmers ages 11-14 may not enter any event in which they have achieved a 2017 PN Short Course Champs time (any course) since September 1, 2016. Swimmers ages 15&O may not enter any event in which they have achieved a 2017 Washington State Senior Short Course Champs time (any course) since September 1, 2016.

**Awards and Scoring:**

- Individual events: Medals 1st-6th places; ribbons 7th-12th places.
- Scoring: 16-13-12-11-10-9-7-5-4-3-2-1

**Scratch information and Session Rules:**

- **Prelims:** No check-in required. No penalty for failure to show.
- **Finals:** These are preliminary/finals sessions, with two 11-12 heats and two 13&O heats of each event in finals. Swimmers whose names are announced as qualifying for the finals or consolation heat of any prelims/finals event who fail to show will be barred from competing in the next individual event in which they are entered unless properly scratched. Once event results are announced, finalists and consolation finalists have 30 minutes to declare their intention to scratch. Swimmers declaring an intention to scratch will have until 30 minutes after the completion of their last preliminary event of the session to finalize their intention to scratch. There is no penalty for scratches during this time.
- Athletes who are seeded into an event as a result of other athletes scratching will not themselves be penalized for a failure to properly scratch. Reseeding to include scratches made after the scratch deadline may occur at the discretion of the Meet Referee.
- Any swimmer who deck-enters an event may not advance to finals or otherwise score.

**WARM-UP PROCEDURES:**

- Circle swim counter-clockwise only.
- Last half hour of each warm-up period:
  - Lanes 9 & 10—pace lanes, no diving
  - Lanes 2, 4, 6, 8—sprint lanes, dive starts, return in lanes 1, 3, 5, 7
  - Lanes 1, 3, 5, & 7—general warm-up, no diving
  - Additional sprint lanes may be made available upon request to the Meet Referee..
- Pool closed promptly five (5) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

**SAFETY:**

- No diving from the blocks or sides of pool except for designated sprint lanes during designated times in main pool.
- Jumping into the pool is not allowed.



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- Backstroke swimmers enter the water feet first in rotation; no diving over persons in the water.
- Deck Marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or club who does not follow the safety rules during warm-ups or the meet.
- Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
- All participating swimmers must be under the supervision of a USA Swimming member coach and may not enter the water at any time unless under the supervision of said coach. The Meet Director or Meet Referee may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make arrangements prior to the start of warm-ups and to so notify the Meet Referee.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**OTHER NOTES:**

- In granting this sanction it is understood and agreed that PNS and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Only authorized volunteers and working personnel can be on deck. All others must remain in the designated spectator area and are not allowed in the designated racing venue unless timing for an event or volunteering with the management of the meet.
- In order to be on deck and serve in their official capacity, all coaches, officials and any other person required by sanction to be members of USA Swimming shall visibly display their membership credentials at all times.
- All persons acting in any coaching capacity must be coach members of USA Swimming.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual.
- Team Areas: Please keep your area clean, and pick up all trash before leaving each session.

**ENTRY SUBMITTAL INFORMATION:**

Entries will be only be accepted upon receipt of all of the following prior to the entry deadline, **November 22, 2017**:

1. **Entry File** from Team Manager or equivalent.
2. **Meet Entry Reports** for individual (sorted by swimmer) and relay (sorted by event) events from Team Manager or equivalent.
3. **Meet Entry Fee Report** from Team Manager or equivalent.
4. **Master Entry Summary Form**—Completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted
5. **Meet Entry Fees**—one check payable to Evergreen Swim Club.

**Submittal Formats:**

- **Electronic files:** email items #1, #2, and #3.
- **Hardcopies:** mail or hand-deliver items #4 and #5. If sending via express mail, waive signature requirement.

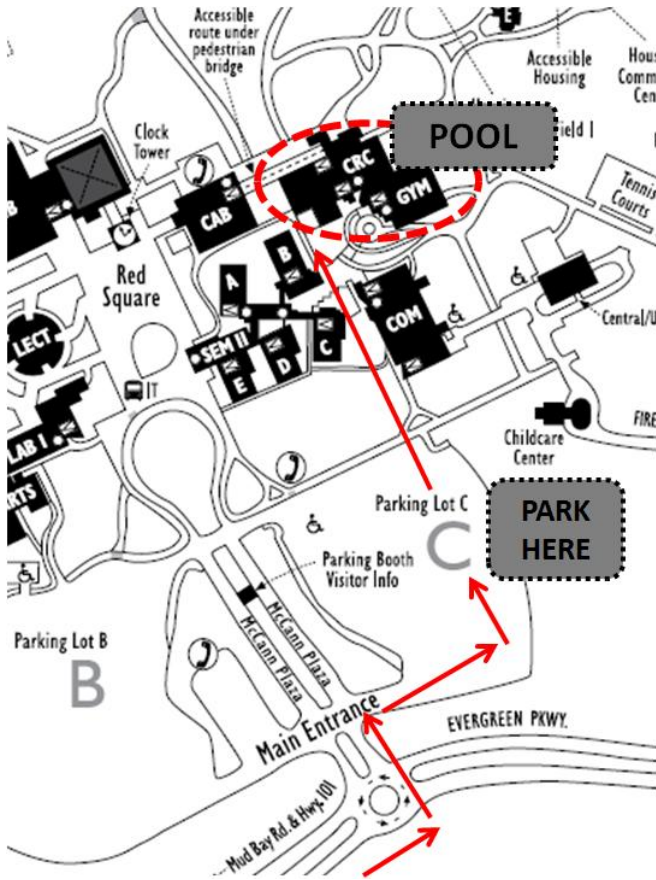
**Submittal Notes:**

- Late, incomplete, or paper entries will not be processed.
- Relay-only swimmers must be listed on the Meet Entry Report or equivalent, and appropriate surcharges must be included with the entry.
- Recheck all entries as no additional entries or corrections will be accepted after the deadline except deck entries.
- All entry times must be SCY (short course yards). Non-conforming and converted times are not allowed.
- Your cooperation is appreciated in facilitating the entry process by making your entries complete, orderly, and legible.
- **Mail hardcopies and checks to:**
  - *Tamarah Hoffman*  
6929 Budd St NOW  
Olympia, WA 98502
- **Email entries to:** *tamhoffman@comcast.net*
- **Entry questions:** Tamarah Hoffman, 360-866-9392



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**2017 FALL DIVISIONAL  
ORDER OF EVENTS**
**SESSION 1 (PRELIMS)**

Event #	Event	Age Group
1, 2	200 IM	11 and over@
3, 4	50 Fly	11 and over@
5, 6	100 Back	11 and over@
7, 8	50 Breast	11 and over@
9, 10	200 Fly	11 and over@
11, 12	100 Free	11 and over@
13, 14	200 Breast	11 and over@

**SESSION 4 (PRELIMS)**

Event #	Event	Age Group
35, 36	200 Free	11 and over@
37, 38	100 Fly	11 and over@
39, 40	50 Back	11 and over@
41, 42	100 Breast	11 and over@
43, 44	200 Back	11 and over@
45, 46	50 Free	11 and over@
47, 48	100 IM	11 and over@

**SESSION 2 (TIMED FINALS)**

15	25 Free	Girls 8-Under
17	50 Free	Girls 9-10*
19	25 Breast	Girls 8-Under
21	50 Breast	Girls 9-10*
23	25 Back	Girls 8-Under
25	50 Back	Girls 9-10*
27	25 Fly	Girls 8-Under
29	50 Fly	Girls 9-10*
31	50 Free	Girls 8-Under
33	100 IM	Girls 9-10*

**SESSION 5 (TIMED FINALS)**

50	25 Free	Boys 8-Under
52	50 Free	Boys 9-10*
54	25 Breast	Boys 8-Under
56	50 Breast	Boys 9-10*
58	25 Back	Boys 8-Under
60	50 Back	Boys 9-10*
62	25 Fly	Boys 8-Under
64	50 Fly	Boys 9-10*
66	50 Free	Boys 8-Under
68	100 IM	Boys 9-10*

**SESSION 3 (TOP 12 FINALS 11-12 AND 13 OVER)**

Event #	Event	Age Group
1, 2	200 IM	11-12 and 13 Over
3, 4	50 Fly	11-12 and 13 Over
5, 6	100 Back	11-12 and 13 Over
7, 8	50 Breast	11-12 and 13 Over
9, 10	200 Fly	11-12 and 13 Over
11, 12	100 Free	11-12 and 13 Over
13, 14	200 Breast	11-12 and 13 Over

**SESSION 6 (TOP 12 FINALS 11-12 AND 13 OVER)**

Event #	Event	Age Group
35, 36	200 Free	11-12 and 13 Over
37, 38	100 Fly	11-12 and 13 Over
39, 40	50 Back	11-12 and 13 Over
41, 42	100 Breast	11-12 and 13 Over
43, 44	200 Back	11-12 and 13 Over
45, 46	50 Free	11-12 and 13 Over
47, 48	100 IM	11-12 and 13 Over

\* **All 9-10 events** will be scored as separate ages: 9 year olds and 10 year olds, but swam together. There are no de-qualifying times for 10&U swimmers.

**@ 11 and over** – Prelims in the AM (open events) with de-qualifying times of PNS 14 and under Championships for 11-14 year old/Washington State Champs for 15 and over; The 11 and over swimmers do not have qualifying times – only de-qualifying times.

Overall Pentathlon placement is determined by total time for all five (5) events. An event DQ disqualifies swimmer from overall Pentathlon awards. A swimmer must compete in all five events to be considered for awards.



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### MASTER ENTRY SUMMARY

Please complete this form and send with your entries (disk or hard copy). Failure to submit this form will delay your entry processing and may result in your entries being rejected.

<b>TEAM NAME:</b>			
<b>TEAM CODE:</b>		<b>LSC CODE:</b>	
<b>COACH:</b>		<b>HOME PHONE:</b>	
<b>EMAIL ADDRESS:</b>		<b>OFFICE PHONE:</b>	
<b>TEAM MAIL ADDRESS:</b>		<b>CELL PHONE:</b>	
<b>CITY, STATE, ZIP:</b>		<b>POOL PHONE:</b>	
<b>ENTRY INFORMATION PREPARED BY:</b>		<b>PHONE:</b>	

### MEET ENTRY FEES ENCLOSED:

<b>SURCHARGE:</b>		<b>X \$ 5.00</b>	<b>\$</b>
<b>INDIVIDUAL EVENTS:</b>		<b>X \$ 4.00</b>	<b>\$</b>
<b>RELAYS:</b>		<b>X \$12.00</b>	<b>\$</b>
		<b>SUBTOTAL:</b>	<b>\$</b>
<b>LESS OUTREACH VOUCHERS:</b>			<b>(\$ )</b>
		<b>TOTAL:</b>	<b>\$</b>

Make one check payable to **Evergreen Swim Club**

**THE FOLLOWING STATEMENT MUST BE SIGNED:**

I attest that all swimmers entered hereon are properly registered athlete members of USA Swimming, Inc.

\_\_\_\_\_  
 Signature of Coach or Team Representative

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Phone Number

**Important Note:** Upon processing of the pre-meet exception report, PNS will register as a full-year USA Swimming athlete member any swimmer not then registered. PNS shall require the club or responsible party to pay an amount equal to the current full-year USA Swimming athlete registration fee, including the PNS surcharge, plus a \$15.00 fine for each athlete who is registered from the pre-meet exception report. The fines are due prior to the entry deadline of the next meet entered by the team being fined or within 15 business days after the receipt of the fine statement, whichever occurs first. See PNS AD 97-08 for additional information.