



Pacific Northwest Swimming
 2018 PN KING Winter Invitational - Sanction #1801-SP07
 Rogers High School Pool, Puyallup, Washington
 Hosted by King Aquatic Club Booster Association

Held under sanction of Pacific Northwest Swimming, Inc., and USA Swimming, Inc.

SCHEDULES	SESSION 1	SESSION 2	SESSION 3	SESSION 4
Dates	Saturday, January 20, 2018	Saturday, January 20, 2018	Sunday, January 21, 2018	Sunday, January 21, 2018
Coaches' Meeting	7:45 AM -- Check-in & Coach's Packet at Clerk of Course	As needed		As needed
Officials' Meetings	8:15AM	As needed	8:15AM	As needed
Age Groups	12 & Under	Open	12 & Under	Open
Warm-ups	8:00AM	Immediately following conclusion of Session 1, but not before noon	8:00AM	Immediately following conclusion of Session 3, but not before noon
Timed Finals	9:00AM	One hour after the start of warm-ups	9:00AM	One hour after the start of warm-ups
500 Free/400 IM Positive Check-in Deadline:	10:00AM	One hour after start of session	10:00AM	One hour after start of session

MEET DIRECTOR:

- Lisa Battistoni
 • Kingmeetdirector1@gmail.com
 • 206 661 2829

MEET REFEREE:

- Ed Lesnick
 • edwardlesnick@msn.com

LOCATION AND DIRECTIONS

Rogers High School Pool
 12801 – 86th Ave E
 Puyallup, Washington, 98373

Directions: Take Hwy 512 to SR 161 south (Mt. Rainier exit). Go south on SR 161, which becomes Meridian Street. Go right on 128th St E, left on 86th Ave E, then the first left off 86th Ave E to the pool parking lot.

FACILITY

- 25 yard, 6-lane competitive pool
- Starting end 6.0 feet deep; turning end 4.0 feet deep
- The competition course has not been certified in accordance with 104.2.2C(4).
- 250 spectator seats—please do not bring chairs onto the deck; swimmers are to sit in designated team areas on deck; swimmers in wet suits or with swim bags will not be allowed in the upper seating area
- Daktronics electronic timing system; scoreboard w/6-lane readout
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms (any time athletes, coaches, officials and/or spectators are present).

ONSITE AMENITIES

- Heat Sheets: \$5.00
- Results on PNS web site

- **Concessions** available throughout the meet
- **Hospitality** available for coaches and officials only
- **Parking** west of the pool

ELIGIBILITY & ENTRY INFORMATION:

- All swimmers must be registered with USA Swimming. Neither on-deck USA Swimming registration nor on-deck transfer to an invited team will be permitted.
- Age groups are based on the age of the swimmer as of the first day of the meet.
- This meet is an invitational. Teams wishing an invitation must contact the Meet Director. An invitation does not guarantee entry due to the four-hour rule.
- Each swimmer may enter a maximum of four (4) individual events per day. Entries exceeding the limit will be scratched without notification. Entry fees for entry count limitation scratches will not be refunded.
 - Swimmers ages 10&U swimmers may only enter those individual events on the recognized list of events for their age group in USA Swimming Rule 102.1.2.
 - Each swimmer may only enter events in one session per day.
- A session will close when the four-hour limit is reached. Entries will continue to be processed until additional sessions are closed, and the meet will close when all sessions have reached the four-hour limit. Teams willing to split entries between closed and open sessions should so indicate when submitting their entries.
- **Deck Entries:** Only swimmers who did not pre-enter the maximum number of events listed above may deck enter any events. Deck entries for individual events will be allowed in open lanes only at the discretion of the Meet Referee. Deck entry individual swims are not eligible for any awards or team points.
 - Deck entered swimmers who are not already in the meet are required to show proof of USA Swimming athlete registration through PNS and an eligible team and complete a PNS Deck Entry Registration at the Clerk of Course in order to enter.
 - No deck entry will be considered complete without payment of all appropriate entry fees.
- **All USA Swimming registration numbers will be verified with the PNS registration database.**



Pacific Northwest Swimming
2017 PN KING Winter Open - Sanction #xxxx-xxxx
Mt. Rainier Pool, Des Moines, Washington
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ENTRY FEES:

- Surcharge: \$5.00
- Deck entry surcharge: \$10.00 (swimmer not previously in meet)
- Individual Event: \$4.00
- No refunds or credits will be given for events entered but not swum; no event swapping.
- All fees must accompany entries.

AWARDS:

- Ribbons 1st – 6th places by age group and gender. 12&U events will be awarded as 8&U, 9-10, and 11-12 age groups, but all 11&O and Open events will be awarded as one age group.

MEET RULES:

- Current PNS and USA Swimming rules govern throughout the meet, including warm-ups.
- Seeding will be SCY/LCM/SCM.
- At the discretion of the Meet Referee, fly-over starts may be used
- All events will be seeded swum slowest to fastest, combined girls and boys.

Distance events: All 500 freestyle and 400IM events will be deck-seeded, with all heats swum slowest to fastest, combined girls and boys, but awarded separately. A positive check in prior to check in deadline is required to swim.

- Session 1's 500 Freestyle swimmers must provide their own counter (if desired). Timers will be provided.
- Session 2's 500 Freestyle swimmers must provide their own timers and counter (if desired).
- All 400 IM swimmers must provide their own timer.

WARM-UP PROCEDURES:

- Circle swim counter-clockwise only.
- Last half hour of each warm-up period:
 - Lanes 1 & 6—pace lanes, no diving
 - Lanes 2 & 5—sprint lanes, dive starts, return in lanes 3 & 6
 - Lanes 3 & 4—general warm-up, no diving
 - Additional sprint lanes may be made available upon request to the Meet Referee.
- Pool closed promptly five (5) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

SAFETY:

- No diving from the blocks or sides of pool except for designated sprint lanes during designated times in main pool.
- Jumping into the pool is not allowed.
- Backstroke swimmers enter the water feet first in rotation; no diving over persons in the water.
- Deck Marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or club who does not follow the safety rules during warm-ups or meet.
- Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
- All participating swimmers must be under the supervision of a USA Swimming member coach and may not enter the water at any time unless under the supervision of said coach. The Meet Director or

Meet Referee may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make arrangements prior to the start of warm-ups and to so notify the Meet Referee.

- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

OTHER NOTES:

- It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Pacific Northwest Swimming, the King Aquatic Club Boosters Association, and the King Aquatic Club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Only authorized volunteers and working personnel can be on the pool deck. All others must remain in the designated spectator area or in public lobbies and are not allowed in the racing venue unless timing for an event or volunteering with the management of the meet.
- In order to be on deck and serve in their official capacity, all coaches, officials, meet directors and any other person required by sanction to be members of USA Swimming shall visibly display their membership credentials at all times.
- All persons acting in any coaching capacity must be coach members of USA Swimming.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual.
- Team Areas: Please keep your area clean, and pick up all trash before leaving each session.

ENTRY SUBMITTAL INFORMATION:

Entries will be only be accepted upon receipt of all of the following prior to the entry deadline, January 10, 2018:

1. **Entry File** from Team Manager or equivalent.
2. **Meet Entry Reports** for individual (sorted by swimmer) and relay (sorted by event) events from Team Manager or equivalent.
3. **Meet Entry Fee Report** from Team Manager or equivalent.
4. **Master Entry Summary Form**—Completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted
5. **Meet Entry Fees**—one check payable to the King Aquatic Club Booster Association.



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Submittal Formats & Notes:

- **Electronic files:** email items #1, #2, and #3.
- **Hardcopies:** mail or hand-deliver items #4 and #5. If sending via express mail, waive signature requirement.
- Late, incomplete, or paper entries will not be processed.
- Unless otherwise identified, it is assumed that all entry times are SCY. Converted times are not allowed.
- Whole team entries will be processed in order received until entry limits are reached.
- Recheck all entries as no additional entries or corrections will be accepted after the deadline except deck entries.

- Your cooperation is appreciated in facilitating the entry process by making your entries complete, orderly, and legible.
- **E-mail** entries to: www.kingmeetentry@gmail.com
- **Hard copies to:**
Lisa Battistoni
5447 Champéry Place NW
Issaquah, WA, 98027
- Meet entry questions should be directed to the Meet Referee

Order of Events

Session: 1 Saturday AM

- 1 Mixed 12 & Under 200 IM
- 2 Mixed 12 & Under 50 Freestyle
- 3 Mixed 12 & Under 100 Backstroke
- 4 Mixed 12 & Under 50 Butterfly
- 5 Mixed 12 & Under 100 Freestyle
- 6 Mixed 12 & Under 50 Backstroke
- 7 Mixed 12 & Under 50 Breaststroke
- 8 Mixed 12 & Under 500 Free (slow to fast)

Session: 2 Saturday PM

- 9 Mixed Open 200 IM
- 10 Mixed Open 50 Backstroke
- 11 Mixed Open 50 Breaststroke
- 12 Mixed Open 50 Butterfly
- 13 Mixed 11 & Over 200 Breaststroke
- 14 Mixed Open 100 Backstroke
- 15 Mixed 11 & Over 200 Butterfly
- 16 Mixed Open 500 Free (slow to fast)

Session: 3 Sunday AM

- 17 Mixed 12 & Under 200 Freestyle
- 18 Mixed 12 & Under 100 Butterfly
- 19 Mixed 12 & Under 50 Freestyle
- 20 Mixed 12 & Under 50 Backstroke
- 21 Mixed 12 & Under 100 Breaststroke
- 22 Mixed 12 & Under 100 IM
- 23 Mixed 11 & 12 400 IM (slow to fast)

Session: 4 Sunday PM

- 24 Mixed Open 200 Freestyle
- 25 Mixed Open 50 Freestyle
- 26 Mixed Open 100 Butterfly
- 27 Mixed 11 & Over 200 Backstroke
- 28 Mixed Open 100 Breaststroke
- 29 Mixed Open 100 Freestyle
- 30 Mixed Open 400 IM (slow to fast)



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MASTER ENTRY SUMMARY

Please complete this form and send with your entries (disk or hard copy). Failure to submit this form will delay your entry processing and may result in your entries being rejected.

TEAM NAME:			
TEAM CODE:		LSC CODE:	
COACH:		HOME PHONE:	
EMAIL ADDRESS:		OFFICE PHONE:	
TEAM MAIL ADDRESS:		CELL PHONE:	
CITY, STATE, ZIP:		POOL PHONE:	
ENTRY INFORMATION PREPARED BY:		PHONE:	

MEET ENTRY FEES ENCLOSED:

SURCHARGE:		X \$ 5.00	\$
INDIVIDUAL EVENTS:		X \$ 4.00	\$
		SUBTOTAL:	\$
LESS OUTREACH VOUCHERS:			(\$)
		TOTAL:	\$

Make one check payable to: **KING Aquatic Club Booster Association**

THE FOLLOWING STATEMENT MUST BE SIGNED:

I attest that all swimmers entered hereon are properly registered athlete members of USA Swimming, Inc.

 Signature of Coach or Team Representative

 Date

 Phone Number

Important Note: Upon processing of the pre-meet exception report, PNS will register as a full-year USA Swimming athlete member any swimmer not then registered. PNS shall require the club or responsible party to pay an amount equal to the current full-year USA Swimming athlete registration fee, including the PNS surcharge, plus a \$15.00 fine for each athlete who is registered from the pre-meet exception report. The fines are due prior to the entry deadline of the next meet entered by the team being fined or within 15 business days after the receipt of the fine statement, whichever occurs first. See PNS AD 97-08 for additional information.