

PNS DEI Presents

JORDAN CROOKS



JAN. 25 10:30AM-1:30PM

WEST is excited to host World and NCAA Gold Medalist Jordan Crooks for a special 1-day event! He will go into high level details on freestyle and diving, taking your swimming to the next level!



**Plus a talk by Dr. John Mullen
on Injury Prevention in
Swimmers**

Dr. John is a world-renowned physical therapist who specializes in swimming. He has traveled and worked with World and Olympic Champions from around the world.

*Lunch will be provided.
Space is limited.*

Sign Up here!

www.westswimteam.com

