

PACIFIC NORTHWEST SWIMMING ANNUAL HOUSE OF DELEGATES – MAY 13, 2023 – VIA ZOOM

Call to Order at 9:35 AM

NOTE: The General Chair's report (pp. 4-5) was the next item on the agenda, but was not read or discussed as the meeting. It is included for the record.

A motion was made, seconded, and voted upon to approve the May 7, 2022, House of Delegates minutes as posted. Those minutes are posted separately on the PNS webpage.

REPORTS -- OFFICERS

Administrative Vice Chair – report attached (p. 6) additional information in the Legislative Packet

Finance Vice Chair – report attached (pp. 7-13); key will be for everyone to continue to watch spending

Program Development Vice Chair – no formal report

Senior Vice Chair – keeping within budget, but expenses backloaded into summer season; upcoming budget will allow Olympic-year funding

Age Group Vice Chair – report attached (p. 14)

Coaches Representatives – report attached (p. 15); more will be covered during coaches' break-out session

Program Operations – thank-you to everyone for their patience during these past few years

Athletes Representatives – report attached (pp. 16-17)

REPORTS – COMMITTEES/COORDINATORS

Treasurer – balance sheets posted (pp 18-19); Fidelity account growing with the stock market; sufficient cash on hand to fund summer expenses

Membership – SWIMS 3.0 should be easier to use by next fall

Officials – report attached (pp. 20-22)

Safe Sport/Risk Management – nothing to report

Outreach/Diversity – no report

Disability – report attached (p. 23)

OLD BUSINESS (None)

NEW BUSINESS

Coaches' and athletes' candidate selection meetings (10:03 AM – 10:26 AM)

Coaches elected Nick Chevalier/WEST to replace Chad Winkle/WAVE

Athletes elected Ellie Wang/BC as the at-large representative and Jaiden Sreenivasan/WAVE as the junior athlete representative

Amendments to the PNS by-laws and Adoption of PNS policy changes and new policies – texts and procedures attached (pp. 24-35) – Motions made, seconded, and voted upon to approve the changes.

PNS by-laws

AD 97-01 Registration Rules and Procedures

AD 97-05 PNS Travel Fund

AD 97-06 Meet Announcement

AD 97-07 Conduct of Meets

AD 97-08 Meet Eligibility

AD 23-05 Officials Travel Fund

ELECTIONS – All two-year terms except for the Secretary position which will only be for one year (11:05 AM – 11:30 AM)

Nominees:

Administrative Vice Chair - John Gagliardo/UN

Program Operations - Chad Winkle/WAVE

Senior Vice Chair – Tommy Cunningham/SMAC, Garrett McCaffrey/CSC, Audra Messegee-Evans/PAC, and Carlene Takaki/WEST – Nick Chevalier/WEST was also nominated but withdrew because he was elected as one of the Coaches' Reps.

Secretary - Teresa Winterstein/IST -- Audra Messegee-Evans/PAC and Suzanne Rychlik/VAST were also nominated but withdrew their names

At-Large –Troy Boglio/OCA, Alex Nowjack/KING, Ken Spencer/SMAC -- Audra Messegee-Evans/PAC and Suzanne Rychlik/VAST were also nominated but withdrew their names

Safe Sport/Operational Risk - Carl Baber/SMAC

Treasurer - Dave Baer/UN

2023-2024 FISCAL YEAR BUDGET (p. 39)

We are in a four-year quad, with next year being the fourth year; the following year should bring a bump in income due to the Olympics (p. 36)

The Investment Committee's report is included as background to the Fidelity Report (pp. 37-38). \$250,000 was withdrawn from the account to support member clubs during the covid era.

The budget is similar to last year's with some increases as registrations and meets increase. Melissa Stiner may need to work additional hours (Fridays) this coming year.

A motion was made, seconded, and voted upon to approve the 2023-2024 budget as presented.

2023-2024 MEET CALENDAR (pp. 40-44)

Key points of the needs for meet hosts:

- There were no bids for the October Senior Challenge. The latter was proposed in 2019 but covid limitations prevented its implementation at that time.
- The biggest issue is Age Group Regionals.
- KCAC schedule still not firm for June, as other traditional users have not yet finalized plans.

A motion was made, seconded, and voted upon to approve the 2023-2024 calendar as presented.

ELECTIONS RESULTS

Administrative Vice Chair - John Gagliardo/UN
Program Operations - Chad Winkle/WAVE
Senior Vice Chair – Garrett McCaffrey/CSC
Secretary - Teresa Winterstein/IST
At-Large – Ken Spencer/SMAC
Safe Sport/Operational Risk - Carl Baber/SMAC
Treasurer - Dave Baer/UN

The next PNS Board Meeting will be in June. The new board will set that date when they meet shortly after this meeting is adjourned.

The meeting was adjourned at 11:45 AM.

Respectfully submitted,
Linda K. Vicik
Secretary

POSTSCRIPTS:

The next PNS Board Meeting will be June 12, 2023, starting at 7:30 PM.

Chairs were asked to send an updated list of committee members and related information to John or Melissa for posted.

An orientation session was then held for new board members.

General Chair Report 2023 PNS House of Delegates

It's been quite a year since the last time we met. As we closed out the 2021-22 season, we were able to host both our Senior and 14&U long course championship meets at WKCAC. In addition to our LSC championship meets we had athletes that competed at the Western Zone Senior and Age Group Championship meets in July/August. Athletes also had the opportunity to compete at Nationals, Futures and Jr Nationals at the end of the long course season. It's been a steady return to competitions, while not quite where we were before Covid hit but it's getting closer to a normal competition schedule.

As we started the 2022-23 season, we got to experience the implementation of SWIMS 3.0. We've known that has been coming for over a year and many of us held our breath with the release of the new platform because there are always issues when new software is rolled out. The scale of how interconnected SWIMS is with USA Swimming operations was a monumental task and as predicted had several hiccups. With the redesign of the SWIMS platform came the new Online Member Registration (OMR) that caused lots of issues getting members registered with a new alphanumeric member ID that replaced the old ID. Since September LSC and Team registrars nationwide have been frustrated as what was an easy process of completing tasks now took several more steps to complete those processes. Every week there are updates to the platform to improve the processes we got accustomed to with the old SWIMS platform. While it's gotten better there are still improvements that are in development for the platform. Hopefully as we hit the one-year mark in September everyone who interacts with the platform will be less stressed as they are able complete the processes they previously could complete.

December 2022 brings us to our championship season which has been kind of sparse with covid regulations still limiting our meet sizes. We had athletes competing at the US Open and Jr Nationals to start off their championship meets. Our LSC championship meets were not quite as big as we have become accustomed to in the past, in some cases the facility dictated these size limits. One thing we started to be impacted by was the national shortage of lifeguards. We were not immune to the shortage and saw WKCAC struggle to find staff for our championship meets. Our 14&U Championship meet had to be split and our 12&U's went to Juanita one weekend for their championship meet and our 13-14 year olds combining with our Seniors at WKCAC for their championship meet on the following weekend.

2023 saw the return of the Pacific Coast All-Star meet hosted by PNS at the Snohomish Aquatic Center. Washington Open was the next big senior meet to be hosted at WKCAC which begins to signal the countdown to the spring championships. This brings a bright spot of being able to have our traditional spring championship meets at WKCAC after a multi-year hiatus. The return of Senior Sectionals, Age Group Regionals and the Spring Fling at WKCAC signaled a return to normal championship competition in the LSC. To add to the fun of fast swimming at WKCAC the Western Zone hosted the 2nd Short Course Senior Zone meet at WKCAC. We're lucky that we have one of the best pools in our backyard that allows our athletes to compete locally without the need for travelling too far from home. We're well on our way with the long course season and our athletes, coaches, and officials are already setting their sights on the end of the season which will be upon us before we realize it.

PNS had the opportunity to send several board members to the Spring Workshop and attend the educational tracks provided by USA Swimming. This year educational tracks were provided for LSC Leaders, Officials, Coaches, Athletes and SafeSport to help foster growth within LSC's with these

educational opportunities. USA Swimming prides itself on being the best NGB in all the Olympic sports and has put emphasis on updating the coach's education and revising the official's certification process. The legislative review session during the workshop allowed all attendees to see what is proposed for September's AMB and to ask questions and give feedback on some of the proposals.

The board continues to support all our members to provide the best experience possible when it comes to competitive swimming in the northwest. Thank you to all of you who support our coaches, officials, athletes and all of the other people that make it possible for swimming to take place not just in the northwest but throughout the U.S.

Administrative Vice Chair Report for Spring HOD, 13 May 2023

Upon John Skroch's election as General Chair at the 7 May 2022 HOD, a vacancy in the Administrative Vice Chair position was created. I humbly accepted the appointment by the new General Chair to fill the remaining year of this position in early June 2022. Since then, there have been few, if any, actions needed as the Admin Vice Chair until the USA Swimming Annual Business Meeting (hereinafter referred to as ABM) last September. Since then, I have been working with the PNS Board to update some of the Policies to better align with actions taken at the ABM and with the introduction of SWIMS 3.0. Several of those are part of the Legislative Packet that is to be reviewed at the 2023 PNS HOD meeting later this week.

Here's a summary of the changes:

- By Laws – The USAS ABM provided changes to the LSC By Laws template. Additionally, given the change from FINA to World Aquatics, the PNS Board has amended the PNS By Laws to update references from FINA to World Aquatics. The Board requests the HOD ratify these changes.
- Unattached Athletes – The USAS ABM changed the time frame from 180 days to 60 days. This impacts both AD-97-01 [Registration Rules and Procedures] and AD-97-07 [Rules and Policies for the Conduct of Meets]. The Board requests the HOD ratify these changes.
- Registration under SWIMS 3.0 -- With the introduction of SWIMS 3.0, several Policies have been impacted by changes in the Registration processes. The PNS Board has taken steps to amend several policies to better reflect current practices. Specifically, changes have been made in Policies AD-97-01, AD-97-08 [Meet Entry Eligibility and Entry Times], and AD-97-06 Meet Announcement Sheets. The Board requests the HOD ratify these changes.
- Officials Travel – The Officials' Committee has proposed some changes in the way Officials may be reimbursed for work at higher level meets. A new Policy [AD-23-05 PNS Officials Travel Reimbursement] has been created as well as (assuming this passes) reflecting changes needed in the existing AD-97-05 [PNS Travel Fund]. The Board requests the HOD ratify these changes.
- Finally, to better reflect current practices, I have provided updates to AD-05-01 [New Club Membership]. This has not been reviewed by the Board; therefore, I have listed this in the Legislative Packet as "No Recommendation" from the Board. However, I request that the HOD ratify the changes.

The above is respectfully submitted by John C. Gagliardo, Interim Admin Vice Chair

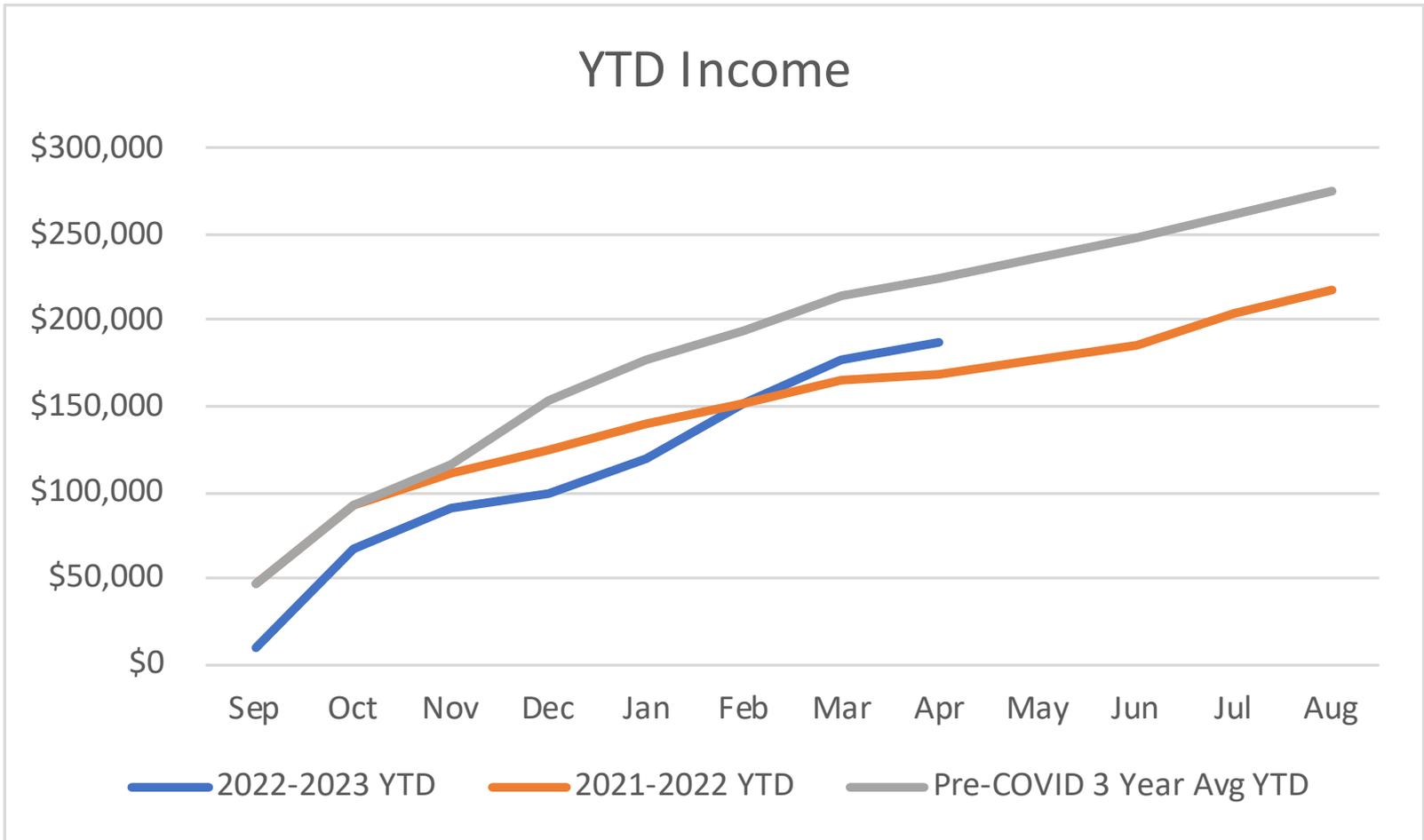
Pacific Northwest Swimming Finance Report

2022-2023

Finance Report to HOD

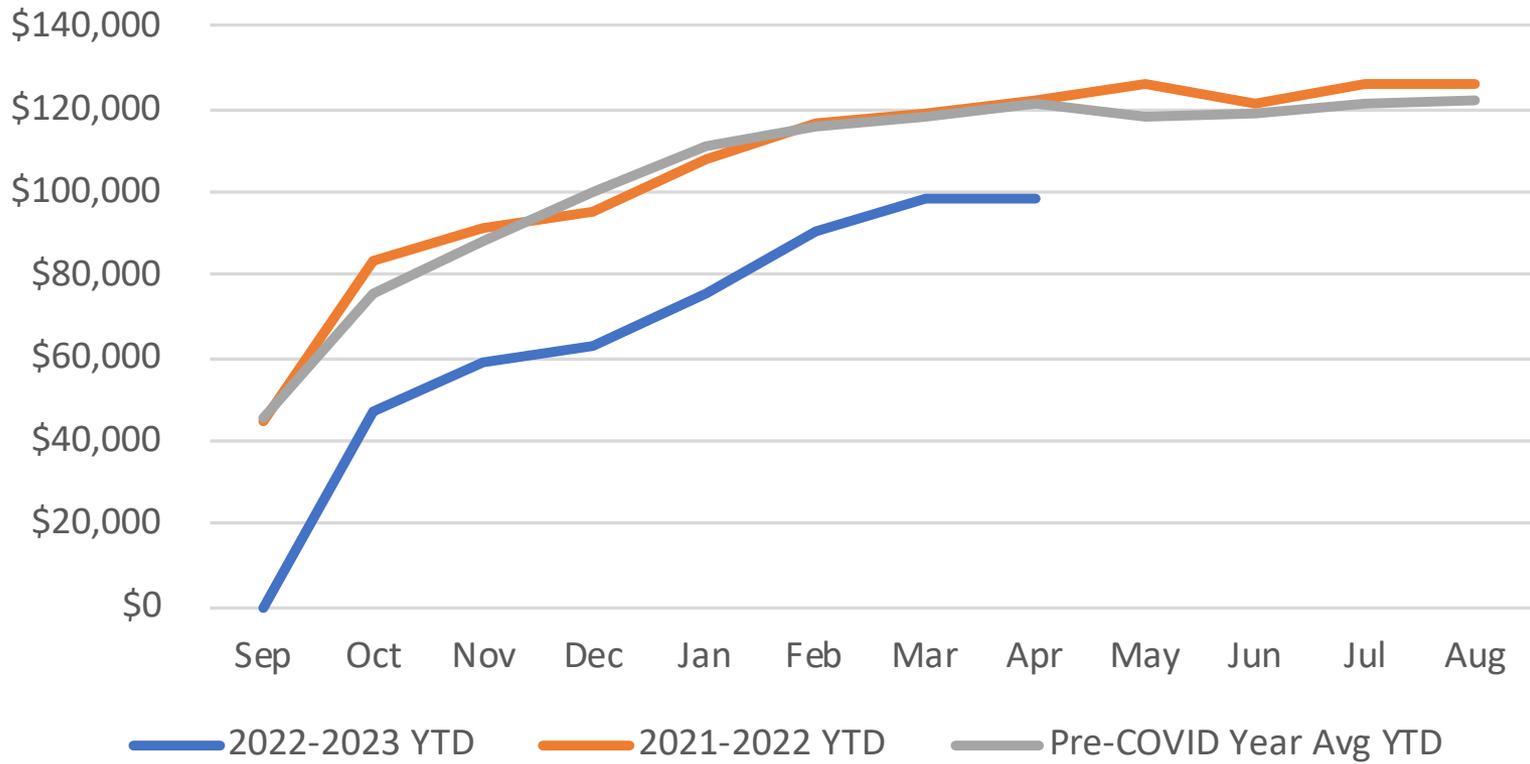
- Year to date total Income is improving but still not as strong as **Pre-Covid**
 - USA-S Registration income is below last year not just **Pre-Covid**
 - YTD Meet Tap is close to recovering from **Pre-Covid**
 - YTD Income vs Expenses gap will close during LC Season

2022-2023 Budget to Date			
	2022 - 2023	2022-2023	
	Quad YR 3 Budget	Quad Yr 3 Current Expenses	Comment
Income			
ADMINISTRATION	\$1,200	\$1,144	
OFFICIALS	\$3,400	\$2,259	
PROGRAM DEV	\$30,000	\$11,250	
PROGRAM OPS	\$149,100	\$102,343	Should do well to match or increase during LC
USA-S REGISTRATION/PNS	\$122,765	\$131,146	Includes income from all Reg sub accounts
Total Income	\$306,465	\$248,142	
Expenses			
ADMINISTRATION	\$29,550	\$1,429	Denver Travel Coming UP
AGE GROUP	\$30,000	12,883	
DISABILITY	\$5,100	\$0	
DIVERSITY & INCLUSION	\$31,750	\$15,563	
FINANCE & MARKETING	\$5,800	\$160	
OFFICIALS EXPENSES	\$13,900	\$8,287	
PAID & UNPAID EMPLOYEES	\$74,100	\$47,532	
PNS OFFICE	\$6,120	\$5,083	
PROGRAM DEVELOPMENT	\$100	\$0	
PROGRAM OPERATIONS	\$22,200	\$11,948	
SENIOR SWIMMING	\$131,400	\$22,325	
Special Programs	\$0	\$0	
Officials Champs paid by Zones		\$4,546	
UnCategorized Expenses		\$82	
Total Expenses	\$350,020	\$129,838	
Net Operating Income	(\$43,555)	\$118,304	



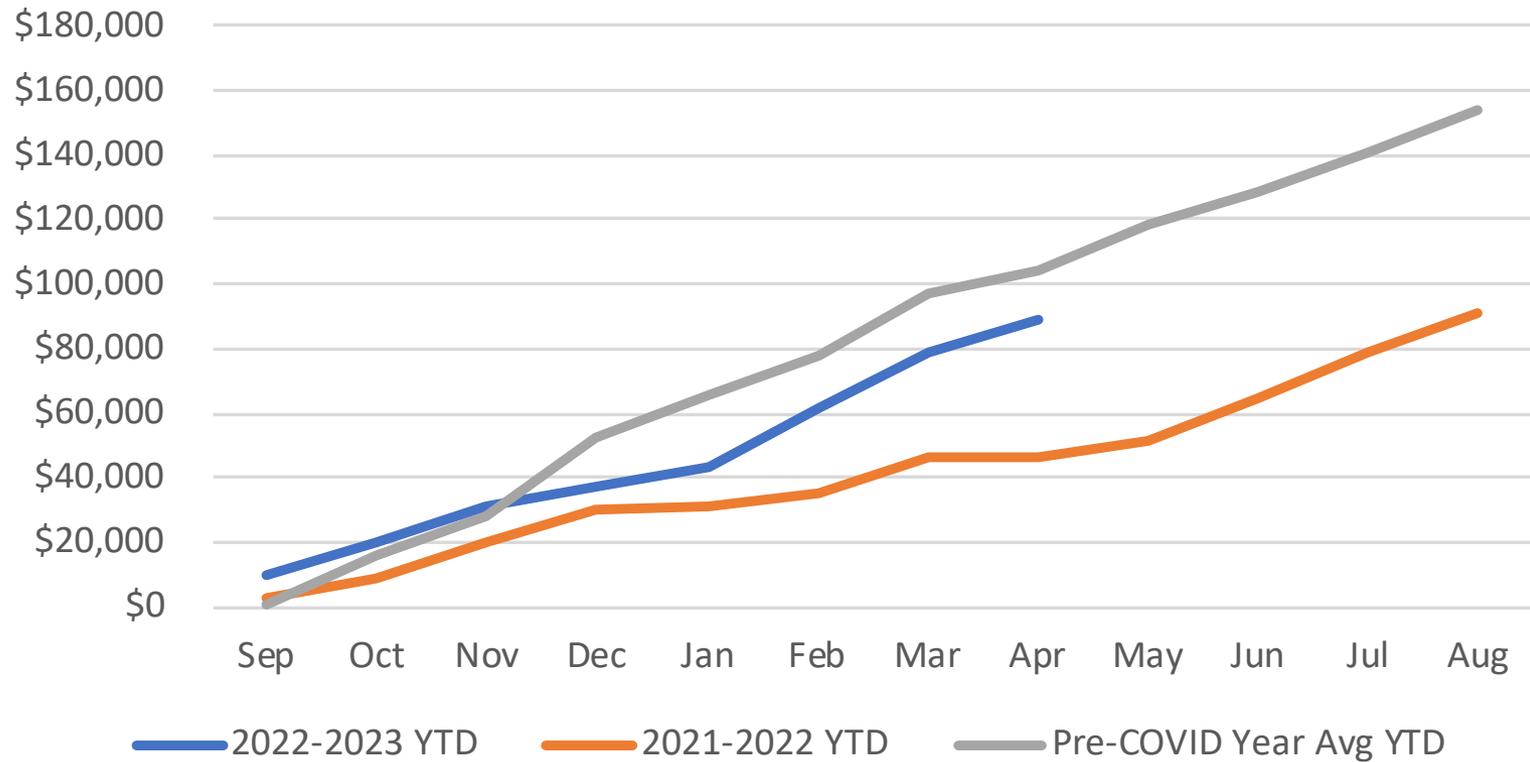
Total Income improving but under target

YTD USA Registrations

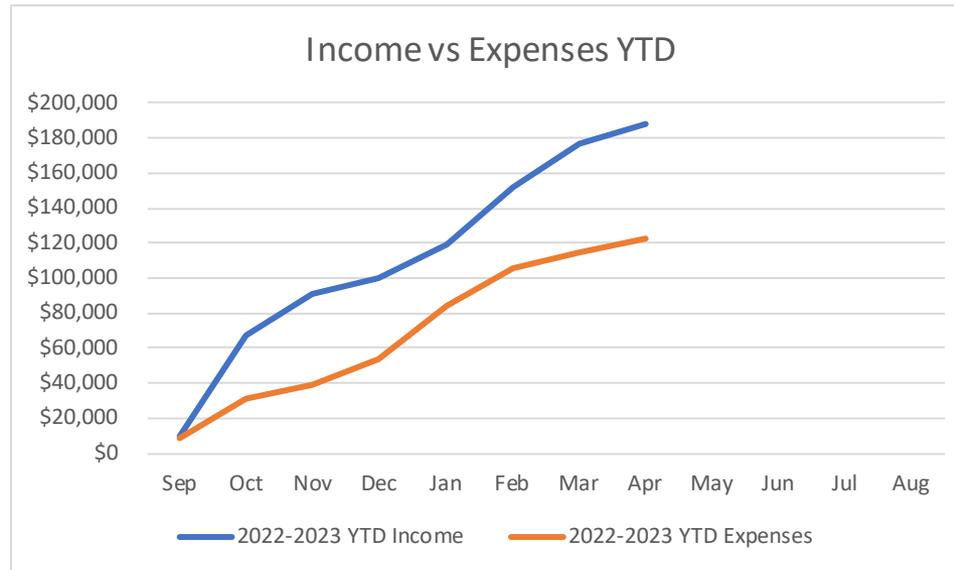


Still Recovering to pre-Covid Levels

YTD Meet Tap



Meet Tap Income almost recovered to Pre-COVID



Long Course Season expenses will close the gap



Expenses by Month

Expenses	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Total Expense
Administration		\$256				\$123	\$350	\$701					\$1,429
Age Group					\$446	\$12,437	\$291						\$13,174
Disability													
Diversity & Inclusion	\$992	\$12,286	\$732	\$246	(\$2,540)	\$1,385	\$1,303	\$916					\$15,319
Finance & Marketing	\$510	\$72	\$41	\$173									\$795
Officials			\$1,295		\$4,546	(\$70)							\$5,771
Total Payroll	\$5,250	\$8,630	\$5,159	\$5,914	\$5,159	\$5,159	\$7,101	\$5,159					\$47,532
PNS Office	\$84	\$415	\$188	\$1,301	\$623	\$190	\$649	\$601					\$4,051
Program Development													
Program Operations	\$2,217		\$532	\$6,876	\$2,305		\$18						\$11,948
Senior Swimming					\$20,000	\$2,325							\$22,325
Special Programs													
Unapplied+Uncategorized													
Club Assistance Grants													
Total Expenses	\$9,053	\$21,659	\$7,946	\$14,509	\$30,539	\$21,549	\$9,712	\$7,377					\$122,343

May 2023 House of Delegates Age Group Chair Report

Pacific Northwest Swimming had a couple of very successful championship meets for its age group swimmers at the 2022 Western Age Group Zones and 2023 Pacific Coast All Stars meets.

2022 Western Zones

PNS sent 71 swimmers to age group zones in Elk Grove, CA. At the 2022 meet, Pacific Northwest placed 4th out of 17 teams

- The men's team placed 3rd and the women's team placed 4th overall
- The top 3 highest point scorers for the women were: Brooklyn Lang with 84 points, Elayne Chen with 71 points, and Sophie Pham with 35 points
- The top 3 highest point scorers for the men were: Syunta Lee with 100 points, Luke Dunn with 79 points and Charlie Cancelmo with 78 points

2023 All Stars

At the All Star meet in January of 2023, Pacific Northwest Swimming placed 3rd with 284 points behind Pacific Swimming and Southern California Swimming. Additionally, PNS hosted the All-Star meet in Snohomish Aquatic Center.

Top 3 Finishers

11-12 100 BK - Maddie Yovanovich - 1st

13-14 100 FR - Kinley Jones - 1st

11-12 50 BR - Tatum Enge - 1st

11-12 50 BK - Grant Bellin - 1st

11-12 100 BR - Tatum Enge - 2nd

13-14 200 BK - Syunta Lee - 2nd

11-12 500 FR - Santi Ward - 2nd

13-14 100 BR - Kaitlyn Vu - 2nd

13-14 100 BK - Sutton Forbis - 2nd

13-14 100 BK - Jack Andrew - 2nd

13-14 200 BK - Jack Andrew - 3rd

11-12 100 BK - Grant Bellin - 3rd

13-14 100 FLY - Kinley Jones - 3rd

11-12 50 BK - Maddie Yovanovich - 3rd

2023 All Stars Relays

- Most A relays were 3rd place

- 11-12 Boys 200 FR relay was 2nd

Coming up, Pacific Northwest age group swimmers will attend the 2023 Western Age Group Zones championship in Boise, Idaho August 2nd - 5th, 2023. In January 2024, our select age groupers will represent our LSC at the Pacific Coast All Star meet held outside of Los Angeles, January 6-7, 2024.

Pacific Northwest Swimming Coaches Report

2023 House of Delegates (5/13/23)

-Ran semi-regular Coaches meetings throughout the year – focused on trying to bring in additional coaches involvement and participating in the meetings and LSC.

-Meetings Focused on –

-SR Chair Updates

-AG Chair Updates

-Program Ops Updates

-Chance for Coaches to discuss concerns and issues

-Chris attend the USA Swimming Workshop in April, and updated coaches on upcoming changes and upcoming governance.

-Helped coordinate with coaches that were interested in joining the PNS Board, finding spots and nominating them.

General vibe from coaches at the meetings and from discussions on the pool deck is to really set a strategic plan for the LSC with goals and direction to work towards. Coaches feel like this will help the Board and Chairs make decisions for the LSC to grow and thrive over time.

Submitted by –

Chad Winkle

Chris Coghill

PNS Athletes Report

2023 House of Delegates

5/13/2023

This year, the athletes focused their efforts on promoting participation and engagement from the PNS community. From casual venues like social media to more formal ones like committees, our primary goal was to encourage new voices and diverse perspectives. We sought to create a welcoming environment that reflected the caring, collaborative community we foster here in PNS. To achieve this goal, the athletes completed the following:

- We started the year off with committee recruitment, which included a complete revamp of the Athlete Committee. We created a group chat with 10+ athletes to create a space for sharing ideas and planning events. There was also an opportunity for individuals in the Athlete Committee to go above and beyond in their engagement, which will be mentioned later. We saw a high increase in athlete recruitment across the board, and we continually filled in open athlete positions throughout the year. Committee recruitment will continue to be an ongoing process that the athlete representatives will improve on next year.
- Very notably, with the help of the Athlete Committee, we created a monthly PNS Newsletter on the PNS Instagram. This was something we began planning after last year's workshop, and it was amazing to finally see it come to fruition. Two individuals from the committee, Yvy La and Tiana Dumitrescu, took the lead roles in compiling and editing the newsletters. They have been a tremendous help and consistently excel in their work. This newsletter has served as an engaging form of media to not only pique athlete interest but to provide important information. A typical newsletter may contain swim news from around the world, advertisements for opportunities, athlete recognition, athlete college commitments, and PNS team photos. It has been a fun way to spotlight well-deserved athlete recognition and emphasize our sense of community. Once again, special thanks to Yvy and Tiana for all of their hard work!
- Additionally, our social media has featured multiple athlete takeovers throughout the year. This included athletes Piper Enge at Junior Pan Pacific Championships, Alexa McDevitt at USA Swimming National Select Camp, and Yvy La at USA Swimming National Diversity Select Camp. They were all incredibly interesting experiences for athletes to follow along and see what it's like to attend one of these opportunities. Big thanks to all of these athletes for representing PNS!
- In general, our Instagram has served as a very useful platform for engaging with the community. From advertising committee openings to hosting weekly polls, it was heartwarming to see the active participation of PNS athletes. We will continue to come up with novel ideas and opportunities for our social media to improve on this foundation.
- Lastly, Grace Lindberg recently attended the National Workshop in Denver and brought back some great ideas moving forward. As of now, the athletes are considering a PNS-

wide training trip and banquet. We look forward to continuing to workshop these ideas and implement them as soon as possible.

It was an absolute pleasure to serve as athlete representatives this year. For those of us moving on from our positions, we are so proud and thankful for the PNS community. We were honored to represent athletes on the board and wish everyone the best in the future. For those of us serving another year, we are excited about what is in store, and we will continue to dedicate ourselves to creating fun and meaningful opportunities for athletes. Go PNS!

Pacific Northwest Swimming

Balance Sheet As of May 12, 2023

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
INVESTMENT INCOME	465,935.39
Fidelity Investment	298,362.28
Total INVESTMENT INCOME	764,297.67
Non-Athlete Individual	-200.00
WF Checking	140,015.34
WF Savings	10,470.16
Total Bank Accounts	\$914,583.17
Accounts Receivable	
Accounts Receivable (A/R)	14,747.95
Total Accounts Receivable	\$14,747.95
Other Current Assets	
Payroll Corrections	0.00
Undeposited Funds	736.50
Total Other Current Assets	\$736.50
Total Current Assets	\$930,067.62
Fixed Assets	
Furniture & Equipment	34,445.14
Accumulated Depreciation	-34,445.14
Total Furniture & Equipment	0.00
Total Fixed Assets	\$0.00
TOTAL ASSETS	\$930,067.62
LIABILITIES AND EQUITY	
Liabilities	
Current Liabilities	
Accounts Payable	
Accounts Payable (A/P)	900.00
Total Accounts Payable	\$900.00
Credit Cards	
AMEX	0.00
WF CC AgeGroup	-7,362.24
WF CC Office	-120.64
WF GC Credit Card	-2,199.08

Pacific Northwest Swimming

Balance Sheet As of May 12, 2023

	TOTAL
Total Credit Cards	\$ -9,681.96
Other Current Liabilities	
Direct Deposit Payable	0.00
Payroll Liabilities	45.33
Dept of Labor and Industries	-931.75
Federal Taxes (941/944)	1,453.17
WA Paid Family and Medical Leave Tax	223.86
WA SUI Employer	115.68
WA Workers Compensation	614.00
Total Payroll Liabilities	1,520.29
Pre Paid Expenses	0.00
USA-S Registration	1,382.00
Athlete - Annual	-14,432.00
Athlete - Outreach	-215.00
Athlete - Seasonal	360.00
Club	-3,085.00
Dual Membership Credit	1,432.00
Flex Athlete/USA	2,127.50
Flex Upgrade to Premier/USA	12,000.00
Non-Athlete Family	0.00
Non-Athlete Individual	-1,056.00
Total USA-S Registration	-1,486.50
Total Other Current Liabilities	\$33.79
Total Current Liabilities	\$ -8,748.17
Long-Term Liabilities	
Payroll Protection Program (PPP) Loan	12,682.00
Total Long-Term Liabilities	\$12,682.00
Total Liabilities	\$3,933.83
Equity	
Net Assets	383,335.85
Retained Earnings	453,751.81
Net Income	89,046.13
Total Equity	\$926,133.79
TOTAL LIABILITIES AND EQUITY	\$930,067.62

Officials Report

PNS Officials Report for HOD, May 13th, 2023

On June 1st of 2022 the PNS Officials committee started a new term with the guiding principle of making Officiating in the PNS more engaging. Our goal was to increase engagement so we could recruit and retain our Officials, thus increasing the amount of Officials within our LSC. We felt that we could drive this through transparency, involvement and improving the Officiating experience so it was fun but professional. The Officials committee created 7 sub-committees to manage and improve our performance in key areas that we were lacking, at this time they are chaired by Officials Committee members and have members from the Officials group at large. Here are the 7 sub-committees and a quick synopsis of what they have accomplished this year;

Budget & Finance – John Gagliardo chaired this sub-committee for the 2022-2023 term. The sub-committee is responsible for budget and spending review, policy creation around spending and providing guidance to the Officials Chair pertaining to spending and budget approval. The sub-committee created the new Officials Travel policy so it would serve more individuals, give more of a return on the invested dollars and is simpler to understand.

Championships – Rick Cox chaired this sub-committee for the 2022-2023 term. This sub-committee is responsible for identifying and selecting the Championship Referees and Evaluators. They are also working on creating a Mentorship program to mentor future Championship Referees.

Engagement – Ed Lesnick chaired this sub-committee for the 2022-2023 term. This sub-committee is responsible for communications, Officials engagement programs and award programs. The sub-committee has worked on re-implementing the Dick LaFave award and creating a program to recognize Officials years of service.

Observed Meets/Meet Reports – Aline Bensen chaired this sub-committee for the 2022-2023 term. This sub-committee manages the Observed meet sanction process to ensure times from meets other than USAS club meets (High School, etc) legally go into the SWIMS database. This sub-committee also reviews Meet Reports for any issues that need to be addressed by the Officials Committee which helps improve the Officials experience on deck.

Policy and Procedure – Nick Siripipat chaired this sub-committee for the 2022-2023 term. This sub-committee is responsible for Policy/Procedures review and creation, ensuring that we meet the needs of Officiating and are transparent to all individuals. The sub-committee was instrumental in reviewing and implementation of our YMCA reciprocation policy which helps YMCA certified Officials gain USAS certification.

Training/Clinics – David Guffey chaired this sub-committee for the 2022-2023 term. This sub-committee is responsible for recruiting, training and Training material creation. The sub-committee standardized the Stroke & Turn clinic, Starter clinic and the Referee clinic so all novices received the same training no matter the clinician. The sub-committee promoted Earl Long to Stroke & Turn clinician and they are in the process of training Shelly Hunter as a Stroke & Turn clinician.

Technology – Deb Soper chaired this sub-committee for the 2022-2023 term. This sub-committee is responsible for Officials website creation and management, along with creating or reviewing any Apps, technology or data storage needed to support the PNS Officials. This year the sub-committee was tasked with improving user ease and functionality of the Officials part of the PNS website. They have made many changes that have increased the ease of use, for example the landing page was improved, making navigation cleaner. With this improvement LSC members can find the process to becoming an Officials with the least amount of searching. This has helped increase the Officials head count.

This year we have seen some excellent increases in the number of Officials, almost at the pre-Covid levels. The Clinicians have worked hard to provide enough clinics to meet the demand. This past fall we held 26 clinics in all, this includes Stroke & Turn, Admin Official, Starter and Referee certifications. Through all clinics we have had a better than 50% completion rate, which is reflected in the numbers below. The certification we struggled with most this year was the Starter certification; this we believe was attributed to the lower number of Stroke & Turn novices during the COVID period. We should see the number of Starter certifications increase in 2023-2024 as our Stroke & Turn numbers increased in 2022-2023. Recruiting will continue to be one of the Officials Committee’s focus for the coming year as we are still far below the USAS recommended ratio of swimmers to Officials (USAS recommended 10/1).

Certified Officials data:

	2018	2019	2020	2021	2022	2023
Referees	64	73	73	63	69	66
Starters	83	72	71	52	59	59
Stroke & Turn	248	278	228	159	189	265
Admin Officials	30	44	37	32	32	42
Totals	425	467	409	306	349	430
Ratio	16.3:1	12.6:1	15.8:1	14.6:1	17.5:1	15.5:1

In July of 2022 the Officials Committee purchased 28 radios and 2 cases to use in place of renting radios for use at Championship meets. Since the radio purchase was just over \$1500 and the yearly rental averaged \$3200 we saw a significant reduction in our budget for radio use. Owning our radios also gave us the opportunity to use them at more meets which gives Officials more radio experience. This year the radios were used a 17 meets compared to only 7 in previous years, the increase in use was at \$0 cost to our budget.

There will be several changes to the Officials Committee for the new term. Aline Bensen and Deb Soper are leaving the committee; Aline has given more than 6 years to the committee and has worked hard to make Officiating a positive experience in our LSC. Deb was on the committee for 2 years but in that time has done a great job improving the Officials part of the website and has helped guide many positive changes in the Officials group. We thank both Aline and Deb for the volunteer time they have given to the committee. Lorraine Masse and Wes Campos were voted onto the Officials Committee during the all Officials meeting on April 26th. Nick Siripipat will take over the Officials Committee Chair position starting June 1st and the committee will vote on his replacement for the Vice Chair position on May 18th. It has been a privilege to serve in the Officials Chair position and help support the many changes that took place this year.

This year has seen many challenges for the Officials Committee, the most difficult of all was USAS's switch to SWIMS 3.0 and the complete shutdown of the Officials Tracking System. I would like to recognize all the committee members' hard work and extra time to help support these changes. Thank you for all that you have given to the Officials group and our LSC.

Submitted by David Guffey, Officials Committee Chair.

PNS Disability Swimming Report

2023 HoD Virtual Meeting

5/13/2023

National Events: U.S. Para Swimming National Championships were held in Charlotte, NC (Long Course Meters). One swimmer with PNS roots competed in this event. **Abbey Nardella, (George Fox University)**, swam in a variety of events with good results. U. S. Para Swimming used the World Para Swimming Points system to advance to finals (top 16.)
Congratulations Abbey!

College Swimmers:

2 Swimmers with PNS Ties swam collegiately this past year: **Henri Coronado-Volta**, finished his Senior year at **Pacific Lutheran University** and **Abbey Nardella** finished her 2nd Season at **George Fox University**.

Both competed in the Northwest Conference Championships at KCAC in February 2023.

Abbey set 2 American Para Swimming Records for the S6 classification in the 100 Fly (1:25. 40) and 200 fly (3:16.67).

Henri recently received the Frosty Westering Lute Inspirational Award at this year's PLU athletic banquet. He will be attending graduate school at the University of Washington this fall.

Congratulations Abbey and Henri!

Resources:

U. S. Para Swimming has launched their **Para Swimming Coach Certification** program. It consists of 4 levels and prerequisites are required for each level. "This course is for coaches who want to further develop their coaching knowledge and skills to effectively work with Para Swimmers or gain understanding of governance and differences that exist in Para Swimming."

<https://www.teamusa.org/usparaswimming/coaching-certification>

NISCA (National Interscholastic Swim Coaches Association) now has **a program to recognize Para Swimmers for All-American Status**. Time standards can be found on their website.

<https://niscaonline.org/index.php/award-programs/us-para-swimming-all-america>

2023-2024 Goal for the Disability Committee: to review, revise and update PNS Disability time standards.

Please direct any questions/concerns to Kiko Van Zandt at disability@pns.org

Respectfully submitted,

D. Kiko Van Zandt
Disability Swimming Chair



PACIFIC NORTHWEST SWIMMING
PROPOSED AMENDMENTS TO
BYLAWS AND POLICIES
2023

Meeting Packet

1. Legislative items will be considered in block order.
2. Sections A and B will be considered as omnibus motions, except for those items pulled for discussion. Within the block, delegates will be given the opportunity to pull items.
3. To pull an item, type "PULL-R-#" in the "Ask a Question" box with your name and team or committee in the Zoom platform. Anonymous requests will not be recognized.
4. Items pulled will be considered in numerical order after the respective omnibus motion.
5. Omnibus motions are in the affirmative as motions to approve the block of items.
6. Other motions should generally be stated in the affirmative.
7. Any amendment requires a simple majority for approval. The subsequent amendment main motion will require the original percentage (e.g., majority, 2/3 or 90%). An entirely new item will require 90% for adoption.
8. If you wish to speak to an item, please enter the reference in the Zoom Chat prefaced with the actions noted below. Anonymous requests will not be recognized. Please use the following action items:
 - PULL (and the item number) = pull an item
 - PRO = speak for a motion
 - CON = speak against a motion
 - AMEND = make an amendment
 - CALL = move the previous question
 - OBJECT = raise an objection
 - POINT = point of order
 - QUESTION = request information

- SECOND = second a motion
- REMOVE = be removed from speaking
- Motion to postpone to a definite time or indefinitely
- Motion to commit (back to the Board or the proposal sponsor)

9. Please wait for the General Chair to recognize you before you begin speaking (taking yourself off MUTE, of course).

10. The Zoom and/or Election Runner platforms will be used for all voting matters (voting delegates will be notified as to which one we'll use as it is currently TBD).

11. A main motion may only have two amendments pending at any one time.

Considered as a block EXCEPT for any items pulled.

No.	Description	Item	Location	Board Recommendation
BLOCK 1				
BL-1	Update By Laws in accordance with the amended USA Swimming required LSC Bylaws Template; Changes references from 'FINA' to 'World Aquatics'	PNS By Laws	Articles 1.2, 4.1, 4.1.1, 6.3, and 14.2.8	Approval
P-1	Amended Unattached time frame from 120 days to 60 days per USA Swimming 2022 Annual Business meeting; updates to reflect current practices under SWIMS 3.0	AD-97-01	Effective Date & Sections 1.b.ii, 2.b.i (1), 2.b.i (2), 2.c.iii, and 3	Approval
P-2	Amended Unattached time frame from 120 days to 60 days per USA Swimming 2022 Annual Business meeting	AD-97-07	Effective Date & Section 3.a	Approval
P-3	Amends Meet entry eligibility. PNS Office cannot register a swimmer; must be done by parent, athlete (if over 18)	AD-97-08	Effective Date, Sections 1.b and subsections	Approval
P-4	Remove references to Deck Pass (replaced by USA Swimming App)	AD-97-06	Effective Date, Section 2.h	Approval
BLOCK 2				
P-5	Remove Officials from PNS Travel Fund Policy (moved to AD-23-05)	AD-97-05	Section 3 and Table C	Approval
P-6	Establish a New/Revised PNS Officials Travel Reimbursement Policy	AD-23-05	New	Approval
BLOCK 3				
P-7	Update New Club Membership Policy to reflect current practices and requirements under SWIMS 3.0	AD-05-01	Effective Date & Sections 1, 2, and 3	No Recommendation

According to *Robert's Rules of Order*, "an amendment must be germane to be in order. To be germane, an amendment must in some way involve the same question that is

raised by the motion to which it is applied. A secondary amendment must relate to the primary amendment in the same way. An amendment cannot introduce an independent question; but an amendment can be hostile to, or even defeat, the spirit of the original motion and still be germane.”



**PACIFIC NORTHWEST SWIMMING
PROPOSED AMENDMENTS TO
BYLAWS AND POLICIES
2023**

BL-1 ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
---------------------	---------	----------	-----------------	--------	-----------	--------

- 1 **Location:** **By Laws Sections 1.2, 4.1, 4.1.1, 6.3, and 14.2.8**
- 2 **Proposed by:** **PNS Board of Directors**
- 3 **Purpose:** **Update By Laws in accordance with the amended USA Swimming required LSC Bylaws Template; Changes references from 'FINA' to 'World Aquatics'**
- 4 **Recommendation:** **The PNS Board of Directors recommends approval.**
- 5 **Effective Date:** **Immediate**

6

7 1.2 OBJECTIVES - The objectives and primary purpose of PNSA shall be the education, instruction and training of individuals to develop and improve their capabilities in the sport of swimming. PNSA shall promote swimming for the benefit of swimmers of all ages and abilities, in accordance with the standards, rules, regulations, policies and procedures of World Aquatics (formerly known as FINA), USA Swimming, and PNSA and its Articles of Incorporation.

8

9 4.1 MEMBERS - The House of Delegates of PNSA shall consist of the Group Member Representatives, the Board of Director Members, the Non-Athlete At-Large House Members, and Athlete At-Large House Members appointed.

10

11 4.1.1 GROUP MEMBER REPRESENTATIVES - Each Group Member in good standing shall appoint from its membership a Non-Athlete -Non-Coach, Coach and Athlete Member Representatives and one or more alternates for each. The appointment shall be in writing, addressed to the Secretary of PNSA and duly certified by the chief executive officer or secretary of the appointing Group Member. The appointing Group Member may withdraw one or more of its Group Member Representatives or one or more of its alternates and substitute new Group Member Representatives or new alternates by written notice, addressed to the Secretary of PNSA and signed by the chief executive officer or secretary of the appointing Group Member. ~~The non-athlete/non-coach representative of any Group Member is not required to be an Individual Member of PNSA or USA Swimming.~~ The representatives of any Group Member are required to be Individual Members of USA Swimming.

12

13 6.3 ELIGIBILITY - Only Individual Members of USA Swimming in good standing with PNSA in good standing and USA Swimming shall be eligible to hold office and must maintain their eligibility throughout their term of office.

14

15 14.2.8 WORLD AQUATICS (Formerly known as FINA - the Federation Internationale de Natation), the international governing body for the sport of swimming.

16

17

18

19

P-1 ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
-------------	---------	----------	-----------------	--------	-----------	--------

20 **Location:** AD-97-01 Registration Rules and Procedures; Section 2.b.1(2)

21 **Proposed by:** USA Swimming changes to Rules 203.3 And 203.9.2

22 **Purpose:** Amend Unattached time frame from 120 days to 60 days

23 **Recommendation:** The PNS Board of Directors recommends approval

24 **Effective Date:** Immediate

25 **1 Group Member Registration**

- a. Every group member under the auspices of PNS must be a member in good standing. Good standing is defined as complying with all USA Swimming and PNS rules, procedures, code of conduct, and prompt payment of fees and fines. Existing Group Members must be in good standing to renew their Group Member registration.
 - i. Clubs receiving a fine/fee assessment notification shall have 30 days from the date of the notification to pay the imposed fine/fee or file a protest with the Registration/Membership Committee or the National Board of Review.
 - ii. Failure to pay within 30 days of notification will result in the revocation of the Club's status as a "Member in Good Standing".
 - iii. Continued failure to pay within 60 days of notification will result in an automatic referral to the National Board of Review with recommendation for termination of the Club's Group membership.
- b. Membership costs, which include the USA Swimming membership fee, are set by the PNS Board of Directors. ~~The current fees are listed in the PNS Club Registration Packet. No non-electronic registrations will be accepted without payment. Electronic registrations must be paid within 24 days.~~
 - i. The membership period is January 1 through December 31
 - ii. Club ~~registrations forms (via SWIMS 3.0) registration forms and payment~~ are due no later than November 1st. Clubs renewing their group membership after November 1st will be required to pay a \$50 late renewal penalty. Upon completion of the Club registration, the PNS office will invoice the LSC fee and any applicable late fees (if registration in SWIMS 3.0 was later than November 1st).

26

27 **2 Individual Member Registration**

- a. Athlete Members/Flex Members/Seasonal Athlete Members
 - i. All swimmers participating in sanctioned activities (including club practices and workouts) must be registered athlete members of USA Swimming. The year-round membership period for renewal is from January 1 to December 31 of the following year. The year-round membership period for new membership is September 1 to December 31 of the following year. Flex membership period is September 1 to December 31 of the following year. Flex memberships are only permitted to participate in two meets each season that may not include LSC Championship or higher meets. Seasonal registration is offered twice each year. Season I is from September 4 to January 31. Season II is from April 1 to August 28.

Formatted: Superscript

b. Athlete Transfers

- i. ~~The parent, athlete (if 18 or older), Club Administrator or the LSC Registrar can submit a transfer through SWIMS 3.0.~~ If a swimmer changes club affiliation, he/she must completely satisfy the following conditions of transfer.
 - ~~(1) Completely and accurately fill out an athlete transfer form and send it, with the proper fee, to the Membership/Registration Coordinator at the PNS Office.~~
 - ~~(2)(1)~~ All requirements of USA Swimming Technical Code, Article 303 must be satisfied. Attention is called to USA Swimming Technical Code, Article 203 regarding the requirement to remain unattached for ~~120~~ 60 days from the date the athlete last represented their former club in USA Swimming sanctioned competition.
 - ~~(3) If the athlete is under the age of 18, the signature of a parent or guardian is required.~~
 - ~~(4)(2)~~ If a member club of PNS has secured a court judgment against and athlete member (or his parents or custodians) for non-payment of club membership dues and fees which entitle the athlete to compete attached to the club that athlete shall be ineligible to represent any USA Swimming member club until the judgment is made.
 - ~~(5) Any additional requirements as specified in the PNS Club Registration Packet.~~
- ii. Swimmers leaving a PNS club will not be allowed to swim in PNS sanctioned/approved events in any capacity other than "unattached" until all conditions of transfer are completed and satisfied.
- iii. The National Board of Review will have the final authority to determine when transferring athlete(s) may compete in PNS sanctioned or approved events.

c. Coach Members

- i. Any person acting in ANY coaching capacity MUST be coach certified members of USA Swimming and PNS.
- ii. Any person receiving a Coach Membership with USA Swimming and PNS must meet requirements as defined under 501.7 in the USA Swimming Rules and Regulations.
- iii. Application must be made ~~on the approved application form using SWIMS 3.0~~ and submitted, with the proper fee and copy of the appropriate certification cards to the PNS Membership/Registration Coordinator at the PNS Office.

28

29 **3 Registration Forms**

All forms pertaining to USA Swimming membership are available ~~from the Membership/Registration Coordinator at the PNS Office or from the PNS Club Registration Packet in SWIMS 3.0 from USA Swimming.~~

30

P-2 ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
-------------	---------	----------	-----------------	--------	-----------	--------

31 **Location:** AD-97-07 Registration Rules and Procedures; Section 3a

32 **Proposed by:** USA Swimming changes to Rules 203.3 And 203.9.2

33 **Purpose:** Amend Unattached time frame from 120 days to 60 days

34 **Recommendation:** The PNS Board of Directors recommends approval

35 **Effective Date:** Immediate

36

37 **3. Pre-Meet Operations and Reporting**

- a. After all entries have been processed and at least four days before the first day of a sanctioned meet, the meet host shall email a Meet Manager backup to the PNS Office for registration check. The PNS Office will notify the meet host if any swimmers must compete as unattached to comply with the ~~120~~ 60-day rule.

38

P-3 ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
-------------	---------	----------	-----------------	--------	-----------	--------

39 **Location:** AD-97-08 Meet Entry Eligibility and Entry Times; Section 1.b
 40 **Proposed by:** PNS Board of Directors
 41 **Purpose:** PNS Office cannot register a swimmer; must be done by parent or athlete
 (if over 18)
 42 **Recommendation:** The PNS Board of Directors recommends approval.
 43 **Effective Date:** Immediate
 44

45 **1. Meet Entry Eligibility**

- a In order to compete in a meet, a swimmer must be entered in compliance with the entry requirements stated in the Meet Announcement.
- b Ensuring appropriate USA Swimming Registration Status for any entries not processed through OME:

- i If USA Swimming Athlete Membership is required by the meet rules, the entering club shall provide a completed and signed Meet Entry Summary or Deck Entry Registration form attesting that the athlete is a properly registered USA Swimming member prior to that athlete being allowed to compete in the meet. Similarly, if the athlete is 18 or over, entering club shall ensure that said athlete has completed the Athlete Protection Training (APT) prior to competition.

- ii The effective date of each participating swimmer's current registration, which shall be attested by the coach, club representative, parent, or athlete if age 18 or older, shall be on or before the meet entry deadline.

~~iii Upon processing of the pre-meet exception report, PNS will register any swimmer not determined to be registered as a full-year USA Swimming athlete member.~~

~~iv PNS shall require the club (or individual if entering independently of a member club) to pay an amount equal to the current full-year USA Swimming athlete registration fee including the PNS surcharge plus a \$15.00 fine for each athlete who needs to be registered based upon the premeet exception report.~~

~~viii~~ Upon processing the post-meet exception report PNS shall impose a fine of \$100.00 per swimmer:

- 1 against the club when a coach member or other club representative has signed a Master Entry Summary or Deck Entry Registration form attesting that an athlete is a USA Swimming registered athlete when this is not the case.
- 2 against the meet host club if a properly completed and signed Master Entry Summary or Deck Entry Registration form cannot be produced for the athlete in question.

~~vi~~ The registration charges and fines resulting from the above paragraphs are due to the PNS Office prior to the entry deadline of the next meet entered by the team being fined or within fifteen (15) business days after receipt of the fine statement, whichever occurs first.

~~vii~~ Teams and affected individual athletes will not be considered to be in good standing with PNS until all of the above fines and registration fees are paid and as such, they will not be allowed to participate in any PNS related activities until this condition is rectified.

~~viii~~ All of the above apply to the athlete's parent (or to the athlete if the athlete is age 18 or older) if a Master Entry Summary and/or a Deck Entry Registration form is signed independently of a club.

~~vii~~ Clubs with a Flex member athlete who is shown to have competed in their third meet will be notified that the athlete in question will-must be upgraded to a full membership prior to further competition. Teams will need to submit the balance of the full membership. 1.

P-4 ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
-------------	---------	----------	-----------------	--------	-----------	--------

47 **Location:** **AD-97-06 Meet Announcement Sheets; Section 2h**
 48 **Proposed by:** **PNS Board of Directors**
 49 **Purpose:** **Remove references to Deck Pass (replaced by USA Swimming App**
 50 **Recommendation:** **The PNS Board of Directors recommends approval**
 51 **Effective Date:** **Immediate**
 52

53 **2. Special Requirements for Meet Announcements.**

In addition to the requirements listed in USA Swimming's Rules and Regulations, the following must be included:

- a. The statement "Held under sanction/approval of Pacific Northwest Swimming and USA Swimming" and the sanction/approval number.
- b. The statement "Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited."
- c. Meet date(s) and estimated session information including but not limited to warm-up and competition start times, positive check-in deadlines, and meeting times.
- d. Facility information including location and competition (and warm-up, if available) pool information.
- e. Order of events, including (if applicable):
 - i. Whether the meet will be "Prelims/Finals" or "Timed Finals" or a combination of both.
 - (a) If the meet includes any Prelims/Finals events, the Meet Announcement must state how many heats of finals will be contested and the estimated timeline should be planned so that no Finals session starts less than one (1) hour after the last preliminary or timed final heat.
 - (b) If the meet has a combination of Prelims/Finals and Timed Finals events, the Meet Announcement must state which events are Prelims/Finals and which are Timed Finals.
 - (c) Scratch procedures for Prelims/Finals events must be included.
 - ii. Time standards, including any special time standards for swimmers with a disability. If there are any qualifying and/or de-qualifying time standards, converted times will not be allowed. Estimated times may be allowed if the meet/event has no qualifying or de-qualifying time standards.
 - iii. Deck-seeded events and check-in/scratching requirements, if applicable.
 - iv. Any event limited as to the number of swimmers shall be deck-seeded, with the check-in requirements for all deck-seeded events clearly stated.
- f. Unless USA Swimming's On-Line Meet Entry (OME) system is being used, required entry information shall be as follows:
 - i. Individual events: legal first name, middle initial, last name, age as of the first day of competition, club affiliation (or "unattached" if applicable), and USA Swimming ID number (if USA Swimming registration is required) of each swimmer; list of events entered by swimmer including the entry time and proof of time, if applicable.
 - ii. Relay events: list of relay entries by event with the relay designation ("A," "B," etc.), entry time, and proof of time, if applicable, of each relay team. Relay names do not need to be provided in advance, but relay-only swimmers must be pre-entered in the meet and applicable fees paid.
 - iii. Deck entry procedure, if applicable.
- g. The statement that no entries will be accepted unless the entrant is a USA Swimming athlete member, unless the meet is open to athletes covered under USA Swimming's "open border" policy. If so, enabling wording must be included allowing such athletes, their coaches, and FINA member officials. The Meet Announcement must state whether or not on-deck registration will be permitted and, if allowed, under what conditions.

- h. The requirement that "In order to be on deck and serve in their official capacity, all coaches, officials, and any other person required by sanction/approval shall visibly display their membership credentials at all times." [Deck-PassUSA Swimming App](#) or a screen shot ~~of Deck-Pass~~[from the USA Swimming App](#) may be used to prove current membership.
- i. Unless otherwise allowed by the PNS General Chair, the meet entry deadline shall be no earlier than Wednesday of the week prior to the first day of the meet.
- j. A properly completed and signed PNS Master Entry Summary and check for entry fees are due to the clerk of course no later than when the team checks in.

54

P-5 ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
-------------	---------	----------	-----------------	--------	-----------	--------

55 **Location:** AD-97-05 PNS Travel Fund
 56 **Proposed by:** PNS Board of Directors
 57 **Purpose:** Remove references to reimbursements for Officials and deletes Table C as those are moved to Policy AD-23-05 PNS Officials Travel Reimbursement Policy
 58 **Recommendation:** The PNS Board of Directors recommends approval.
 59 **Effective Date:** Immediately
 60

61 3. - It is the policy of PNS to support and promote the development of officials working at national, sectional, and local meets as identified on Table A. As such, officials traveling to and participating in meets may be reimbursed for expenses up to the travel fund amount allotted for the meet. Application for funding must be made through the Officials Committee by the specified deadline and the specific requirements for that type of meet must be met per Table A.

Receipts for any expenses incurred must be submitted together with the request for reimbursement as well as a copy of their Officials Tracking System (OTS) log identifying meet/sessions worked. Amounts allocated and paid to an official will be based on related and receipted travel expenses up to a maximum of the level of funding as calculated via Table C Officials Funding Schedule. (Payment will be the lessor of allowable expenses incurred or the maximum eligible funding). Officials who are requesting reimbursement must work 100% of the assigned sessions including time trials if offered.

Officials who must travel prior to the meet (for Assigned Team meetings, etc.) can include those additional days as part of the request for reimbursement that is submitted. Reimbursement will be at the daily rate defined for that type of meet.

Please note that the Western Zone has established two programs in order to encourage officials to participate in the Age Group and/or Senior Zone Championships meets – the Mentor/Mentee Program and the Officials Reimbursement Fund. PNS does not offer further reimbursement for these two meets (i.e., an official may receive funds from either the Western Zone programs or PNS, but not both for the same meet).

In order to offer officials development experience within PNS, those who reside more than 75 miles away from the Weyerhaeuser King County Aquatic Center (KCAC) may request reimbursement for mileage of one round trip to the meet. PNS promotes carpooling to meets for both environmental reasons and because of parking limitations at meets. When officials carpool to KCAC, only the driver may file a request for reimbursement for the mileage traveled.

An official may request reimbursement for expenses for only one meet in each season.

62 4. - All fund requests must be submitted in the fiscal year for which reimbursement is being sought. The Season 1 deadline is April 30 and the Seasons 2, 3, 4 and 5 deadlines are August 31.
 a "Air" will be determined by a PNS appointee. Approximately 57 days prior to the first day of competition, the appointee will use a common travel website (such as travelocity.com) to research

flights departing the day before competition begins and returning the day after competition concludes. Considering only flights arriving and departing between 6:00am and 10:00pm, the airfare amount used for funding shall be the average of the least expensive fares from each of the three least expensive airlines (each airline will only have one fare count toward the average). Pacific Northwest Swimming Administrative Policy 97-05

- b "Meet" is considered the number of days competition is held at the meet. Time trials only days are not considered competition days.
- c "Day" is considered 50% of the Government Reimbursement Rate for hotels in the city where the meet is conducted, multiplied by the number of meet days ~~an official travel of~~ for the meet.
- d "Mileage" is calculated using the guidelines set forth in the PNS Mileage Policy.

63

~~Table C—Officials Funding Schedule~~

	> 300 miles from Sea-Tac	< 300 miles and outside PNS	> 75 miles from home to KCAC
Season 1—Winter Nationals	Air + Day	\$100 + Day	Mileage
Season 1—Winter Para-CanAm	Air + Day	\$100 + Day	Mileage
Season 1—Winter Junior Nationals	Air + Day	\$100 + Day	Mileage
Season 2—Pro-Series	Air + Day	\$100 + Day	Mileage
Season 2—Spring Para-World Series	Air + Day	\$100 + Day	Mileage
Season 2—Approved LC Meet	Air + Day	\$100 + Day	Mileage
Season 3—Olympic Trials	Air + Day	\$100 + Day	Mileage
Season 3—World Championship Trials	Air + Day	\$100 + Day	Mileage
Season 3—Paralympics Trials	Air + Day	\$100 + Day	Mileage
Season 4—Summer Nationals	Air + Day	\$100 + Day	Mileage
Season 4—Summer U.S. Open	Air + Day	\$100 + Day	Mileage
Season 4—Summer Para-CanAm	Air + Day	\$100 + Day	Mileage
Season 4—Summer Junior Nationals	Air + Day	\$100 + Day	Mileage
Season 4—Futures	Air + Day	\$100 + Day	Mileage
Season 5—Open Water Nationals	Air + Day	\$100 + Day	N/A

64

P-6 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

- 65 **Location:** New
- 66 **Proposed by:** PNS Board of Directors
- 67 **Purpose:** Create AD-23-05 PNS Officials Travel Reimbursement Policy
- 68 **Recommendation:** The PNS Board of Directors recommends approval.
- 69 **Effective Date:** Immediately

70

71

1. **Purpose:** To support, promote, encourage Pacific Northwest Swimming (PNS) officials to participate at higher level meets such as Officials Qualifying Meets (OQM) Championships, Sectionals, and Futures held outside of PNS to provide experienced mentoring for new officials and to improve officiating within the LSC by:
 - Enabling PNS Officials to experience national deck protocols, allowing them to interact with officials from other LSCs and to learn and reinforce protocols, rules, application/interpretations, and situation resolution.
 - Providing additional opportunities for advancement/sustainment within the National Officials Certification Program.
 - Developing/sustaining National Evaluators and local Mentors to support advancement and training opportunities at PNS LSC meets.

PNS recognizes that significant expenses may be incurred by Officials who travel to these meets. To help offset travel costs PNS officials may be eligible for reimbursement of travel-related expenses, subject to the requirements listed below.

2. **Guidelines:** The PNS Officials Committee is responsible for managing the Officials Travel Expense Reimbursement program. Changes may be made to this program for fiscal/budgetary reasons, at the discretion of the PNS BOD. However, due to the nature of the championship meet schedule occurring in late Autumn, Spring, and late Summer, it is unlikely that changes would be necessary until the summer championship meet season, which is near the end of the PNS fiscal year. Reimbursement priority (in the following specified order) will be for requests for 1) 'first-timer' officials at OQMs, 2) those seeking advancement of their N3 credential, 3) those seeking N3 recertification. Every attempt will be made to communicate changes well in advance of upcoming championship seasons.

Travel-related expenses include reasonable and customary coach air fare, lodging, use of rental or personal car, gas, and associated parking fees incurred during travel. A PNS official may not receive more than their actual expenses (i.e., payment will be the lessor of allowable expenses incurred or the maximum eligible funding). In addition, PNS reimbursement cannot be requested by both an official and their athlete (if eligible under separate PNS policies) for the same expenses. Detailed receipts must accompany the reimbursement request. Officials receiving reimbursement will be expected to serve as mentors for LSC officials' development and may be asked to speak about their experiences at Officials Clinics, LSC meets and special events.

3. **Eligibility:** To be considered for reimbursement, the following criteria must be met:
 - i. Must be registered as a current PNS official for at least one (1) year prior to and during the meet.
 - ii. Must have worked a minimum of sixteen (16) sessions, as recorded in the Officials Tracking System (OTS), at USA Swimming and/or PNS sanctioned meets in the prior two (2) years.
 - iii. Must have worked four (4) sessions, as recorded in OTS, at a PNS-sanctioned OQM in the prior (2) years.
 - iv. Must submit an Officials Travel Reimbursement Application to the Pacific Northwest Officials Committee (email to officials@pns.org) at least 30 days prior to the meet. A link to the online request form is located on the PNS website under the Officials home tab.
 - v. Must work all assigned sessions of the meet. Sessions worked will be verified in OTS prior to any approval for reimbursement. An official may request reimbursement for one (1) meet per season (defined as Season A -- 1 October to 31 March -- and Season B -- 1 April to 31 August.)
 - vi. Official must submit a short report to PNS Officials Committee or lead a learning activity regarding his/her experience at the meet attended (e.g., what did you see? what could be done similarly at the local LSC level meets?). An N2 Official must agree to be available as a mentor/evaluator at least once in the following year at a designated OQM in the PNS LSC.
 - vii. Must submit a PNS Expense Reimbursement Form, along with applicable receipts and a copy of the OTS log identifying the meet/sessions worked, to the PNS Officials Committee (email to officials@pns.org) and PNS Office (email to office@pns.org) within 30 days after the meet or by August 31 of that fiscal year. Link to the online expense reimbursement form is located on the PNS website under the Officials home tab.
 - viii. Note: PNS reimbursement cannot be requested by both an official and their athlete (if eligible under separate PNS policies) for the same expenses.

- ix. Reimbursement approvals will be made by the PNS Officials Chair with priority given to requests for 'first-timer' officials at OQMs and those seeking National level credentials and recertification.
- x. The PNS Board of Directors (BOD) may waive an eligibility criterion under special circumstances.

An official may request reimbursement for expenses for only one meet in Season A (1 October to 31 March – a.k.a., Short Course Season) and one meet in Season B (1 April to 31 August – a.k.a., the Long Course Season) during any fiscal year [1 September to 31 August]. To facilitate processing of reimbursement requests in a timely manner, submittals are due no later than 30 days after the meet or August 31 of that fiscal year.

Please note that the Western Zone has established a program to encourage officials to participate in the Age Group and/or Senior Zone Long Course Championships meets –the Officials Reimbursement Fund. PNS does not offer further reimbursement for these two meets and, therefore, these meets are not eligible under this PNS policy.

- 4. **Additional Considerations for Officials' Travel within PNS:** In an effort to offer officials development experience within PNS, those who reside more than 75 miles away from the Weyerhaeuser King County Aquatic Center (KCAC) may request reimbursement for one round trip per Season subject to the Eligibility requirements above. Meets under this section of the Policy must be a PNS Sanctioned meet. PNS promotes carpooling to meets for both environmental reasons and because of parking limitations at meets. When officials carpool to KCAC, only the driver may file a request for reimbursement for the mileage traveled.
- 5. **Payment Schedules:** Payments will be made for eligible and approved requests using the following table. Payment amounts will be the lesser of the incurred eligible expenses or the rate below.

Meet (outside of PNS)	Reimbursement Rate***
Junior/Pro/Open/National	\$500
Futures	\$500
Sectionals	\$400
Zones*	\$300
OQM Championships	\$200
PNS Sanctioned at KCAC **	\$120

* If not covered by the Western Zone Officials Reimbursement Fund

** For those officials residing outside of 75 miles from KCAC

*** subject to reimbursement priority as defined under Guidelines

72

P-7 ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
-------------	---------	----------	-----------------	--------	-----------	--------

73 **Location:** AD-05-01 New Club Membership; Section 1

74 **Proposed by:** PNS Board of Directors

75 **Purpose:** Updates to reflect current practices and requirements under SWIMS 3.0

76 **Recommendation:** The PNS Board of Directors has not fully reviewed these changes.

77 **Effective Date:** Immediate

78

~~79~~ 1. Clubs must complete the new club packet required by USA Swimming.

~~80~~ 2. Clubs must submit the completed packet to the PNS Office along with the current PNS Club Membership registration fee.

~~81~~ 3. The PNS Registration Chair will forward the completed packet Swimming.

~~82~~⁷⁹ 4. The PNS Office will notify the PNS General Chair and the PNS Board of Directors that a new club (Name, Club Code, and Head Coach) has ~~completed the club packets~~submitted a request as required by USA Swimming ~~and that their status is pending USA Swimming approval~~. Barring any pending action or PNS Board of Directors recommendation against the new club, the PNS Board of Directors shall be notified of the current status at its next scheduled meeting.

~~83~~⁸⁰ 5. The date of notification by USA Swimming to the PNS Office of the new club's approval to be a USA Swimming member club shall be the date that the PNS Registration Chair uses to enter the new club into the SWIMS database. Note that USA Swimming benefit of insurance begins on this date.

BOD Recommended Budget Info

	2020 - 2021	2021 - 2022	2022 - 2023	2023 - 2024
	Quad YR 1 Actuals	Quad YR 2 Actuals	Quad YR 3 Budget	Quad YR 4 Budget
Income				
ADMINISTRATION	\$573	\$961	\$1,200	\$1,200
OFFICIALS	\$1,480	\$3,715	\$3,400	\$3,400
PROGRAM DEV	\$33,050	\$5,000	\$0	\$0
PROGRAM OPS	\$43,783	\$101,168	\$149,100	\$149,100
USA-S REGISTRATION/PNS	\$85,604	\$109,272	\$122,765	\$122,765
Total Income	\$164,490	\$220,116	\$276,465	\$276,465
Expenses				
ADMINISTRATION	(\$587)	\$3,672	\$29,550	\$20,250
AGE GROUP	\$14,413	\$4,281	\$30,000	\$30,000
DISABILITY	\$1,046	\$0	\$5,100	\$5,100
DIVERSITY & INCLUSION	\$ 31,561	\$ 10,311	\$31,750	\$33,550
FINANCE & MARKETING	\$6,589	\$7,376	\$5,800	\$5,800
OFFICIALS EXPENSES	\$8,073	\$11,511	\$13,900	\$10,400
PAID & UNPAID EMPLOYEES	\$65,244	\$96,985	\$74,100	\$88,800
PNS OFFICE	\$8,175	\$10,205	\$6,120	\$8,720
PROGRAM DEVELOPMENT	\$0	\$0	\$100	\$7,600
PROGRAM OPERATIONS	\$0	\$14,787	\$22,200	\$22,200
SENIOR SWIMMING	\$84,976	\$65,532	\$131,400	\$131,500
Special Programs	\$228,960	\$40,000	\$0	\$0
Prior Year Expense Record in Current Year		\$82,857		
Total Expenses	\$463,950	\$347,517	\$350,020	\$363,920
Net Operating Income	(\$299,460)	(\$127,401)	(\$73,555)	(\$87,455)

Investment Committee Report

During the 1990's PNS established a rainy day fund investment account at KMS Financial Services. PNS' KMS Account Manager was a former swim parent (Mr. Jim Hansen) who offered to manage our portfolio for no fee in the 1990's. During that time we were able to grow the portfolio from under \$100,000 to over \$200,000 using investment grade bonds with varying maturities. In 2006, to manage and provide control of our investment accounts, we established an investment policy AD06-02.

During the 1990's PNS established a rainy day fund investment account at KMS Financial Services. PNS' KMS Account Manager was a former swim parent (Mr. Jim Hansen) who offered to manage our portfolio for no fee in the 1990's. During that time we were able to grow the portfolio from under \$100,000 to over \$200,000 using investment grade bonds with varying maturities. In 2006, to manage and provide control of our investment accounts, we established an investment policy AD06-02.

May 8 of 2013, PNS established an investment account at Fidelity Investments to establish a brokerage account with a goal of improving our annual rate of return, in large part due to the interest rate market in our historical bond ladder investment history at KMS Financial Services. We funded the Fidelity Account with \$100,000 from our operating accounts. In March of 2014, we transferred \$110,000 from our KMS Cash Account (our ladders had all matured, and our KMS Account was sitting in cash).

Since May 2013, we have received over \$5,700 in cash dividends, and have current unrealized gains of nearly \$52,000, for a total return over two years of about \$70,000 (33% total return for 2 years). This compares to a return of \$10/year on \$102,000 in the KMS Account. Much of this gain has come in the past 2 quarters, during a cautiously bullish market.

David Coddington Reported to the BOD back in July of 2021:

“Since 2013 (the beginning of the PNS Fidelity Account) PNS has invested just under **\$312k** into the Fidelity Account in three installments in 2013, 2014 and 2015. Since June of 2020, PNS has withdrawn **\$352k** from the PNS Fidelity account to support the members of this association.” He complimented the Board of Directors on their forethought. It is a testament to our commitment to athletes in our LSC.

As of this morning, the balance of the Fidelity Account is still around **\$764k**. The market this fiscal year has been volatile and we do want to pay attention to our spending as we talk about budgets. We are still recovering from the pandemic and need to be vigilant in protecting our Fidelity Account.

Fidelity Account

	Profit/Loss	Acct Value
1/1/2022		\$901,454.51
7/1/2022-7/31/2022		751,219.89
8/1/2022-8/31/2022	(\$36,333)	\$714,887
9/1/2022-9/30/2022	(\$70,146)	\$644,741
10/1/2022-10/31/2022	\$4,958	\$649,699
11/1/2022-11/30/2022	\$46,924	\$696,623
12/1/2022-12/31/2022	(\$60,384)	\$636,238
1/1/2022-2/28/2023	\$42,115	\$678,353
3/1/2023-3/31/2023	\$58,853	\$737,205
4/1-4/30/2023	\$27,092	\$764,298

BOD Recommended Budget	
	2023 - 2024
BOD Recommended	Quad YR 4 Budget
Income	
ADMINISTRATION	\$1,200
OFFICIALS	\$3,400
PROGRAM DEV	\$0
PROGRAM OPS	\$149,100
USA-S REGISTRATION/PNS	\$122,765
Total Income	\$276,465
Expenses	
ADMINISTRATION	\$20,250
AGE GROUP	\$30,000
DISABILITY	\$5,100
DIVERSITY & INCLUSION	\$ 33,550
FINANCE & MARKETING	\$ 5,800
OFFICIALS EXPENSES	\$10,400
PAID & UNPAID EMPLOYEES	\$88,800
PNS OFFICE	\$8,720
PROGRAM DEVELOPMENT	\$7,600
PROGRAM OPERATIONS	\$22,200
SENIOR SWIMMING	\$131,500
Special Programs	\$0
Total Expenses	\$363,920
Net Operating Income	(\$87,455)

Hosts Need for the 2023-24 to complete the Meet Calendar

October:

- **October Challenge (September 30/Oct 1)**: Min. 2 Host Needed/prefer 3. Meet will be expanded to include all age groups. If hosts are not received by June 1st, meets will become Special Meets.

December

- **Fall Divisionals (Dec 2/3)** (2 hosts needed). If hosts do not come forward by September 1st, TPC will need to look at alternative formats for the meet.

January

- **Winter Challenge (January 27/28)** (2 hosts needed). If hosts do not come forward by October 1st, meets will become Special Meets.

March

- **Spring Showdown** (KCAC is NOT available). TPC proposal is to run the meet at two pools over two weekends in order to accommodate the same number of swimmers. We currently have no bids.
- **Age Group Regionals: (March 21-24)**: @ WKCAC

July

- **14 & under LC PNS Champs (Aug 1-4)** @ WKCAC

2023-24	Meet Type	Time Standard	LOCATION/ADDITIONAL INFO
SEPTEMBER			
Sep 16-17			
Bainbridge Island Swim Club (16)	2023 BISC Blue and Gold Intra	NO	Bainbridge Island Aquatic Center
Poulsbo Pirahnas (16-17)	West Sound Splash	NO	North Kitsap Community Pool (not yet secured)
Sep 22-23-24			
	USAS Annual Business Meeting		
King (23)	King-THSC Dual Meet	NO	PLU
University Place Aquatic Club (23)	2023 UPAC September Sprints	NO	Curtis Aquatic Center
WEST (23)	Senior Invite	NO	West Coast Aquatics
Sep 24-25			
	Special		
Bellevue Club (24)	Blue and Orange Instrasquad	NO	BC
Issaquah (24)	Sockeye Sprints	NO	Snohomish Aquatic Center
OCTOBER			
Sep 30-Oct 1			
	Oct AG Challenge	OPEN	NEED 2-3 MORE HOSTS
Metro	Oct AG Challenge		Mt Tahoma HS
Mighty Marlins	Oct AG Challenge		Marysville Pichuk HS
Olympic Cascade	Oct AG Challenge		Mary Wayte
South Snohomish County Dolphins	Oct AG Challenge		Kamiak HS
Stingray	Oct AG Challenge		Snohomish Aquatic Center
Port Angeles	Oct AG Challenge		Port Angeles
Oct 7-8			
	Special		
SMAC (7-8)	Fall Invitational	NO	Snohomish Aquatic Center
BBST (7-8)	BBST Fall 2023 Kick off	No	Arne Hanna
Oct 14-15			
	Cascade Fall Classic	NO	Snohomish Aquatic Center
WAVE (14)	WAVE 10&U October Special	NO	Juanita Aquatic Center
WAVE (15)	WAVE 10-14 October Special	NO	Juanita Aquatic Center
Oct 21-22			
	Special		
Bainbridge Island Swim Club (21)	2023 BISC Pumkin 500	NO	Ray Williamson Pool
Issaquah (21-22)	IST Fall Open	NO	SAC
WAVE (21)	WAVE 12&O October Special	NO	Juanita Aquatic Center
WEST (20)	Distance Meet	NO	West Coast Aquatics
WEST (21-22)	IMX Challenge Meet	NO	West Coast Aquatics
VAST (21-22)	VAST Fall Classic	NO	KCAC
Oct 28-29			
	Special		
Bellevue Club (Oct 29)	Pumkin 400	NO	BC
Thunderbird Aquatic Club (28-29)	Fall Thunderbird Invitational	NO	Fidalgo Pool and Fitness Center
NOVEMBER			
Nov 4-5			
	Special		
Bainbridge Island Swim Club (4-5)	2023 BISC Bob Miller Sprint/Dis	NO	Ray Williamson at Bainbridge Island Aquatic Club
Cascade (5)	Cascade Distance Plus	NO	Rainer Beach Pool
Chinook (5)	Chinook 2023 Pentathlon	NO	Mary Wayte
King	King Fall Distance	NO	Blank
Nov 11-12			(Girls State 11/10-11)

PAC Q meet. r 12th)	Special		WKCAC - Q Meet
BBST	BBST November Invite	NO	Arne Hanna
Issaquah (12)	2023 Nov. Distance Invitational	NO	Snohomish Aquatic Center
Nov 18-19	AGI	Gold by event (1 bonus)	NO WKCAC - Masters Meet
SMAC	AGI	Gold by event (1 bonus)	Rogers Aquatic Club
University Place Aquatic Club	AGI	Gold by event (1 bonus)	Curtis Aquatic Center
WEST	AGI	Gold by event (1 bonus)	Kamiak HS
Pacific Dragons Swim Team	AGI	Gold by event (1 bonus)	Mary Wayte
Nov 25-26	Special		NO WKCAC Thanksgiving Weekend
DECEMBER			
Dec 1-2-3	US OPEN	Qual Times	
Dec 2-3	Fall Divisional	Champ Dequal	NEED TWO MORE HOSTS
Metro	Fall Divisional	Champ Dequal	Curtis Aquatic Center
Mighty Marlins	Fall Divisional	Champ Dequal	Marysville Pilchuk HS
SingRay Swim Team	Fall Divisional	Champ Dequal	Snohomish Aquatic Center
Dec 6-7-8-9	Winter Jr	Qual Times	
Dec 8-9-10	14U Champs	0U, 11-12, 13-14 - 1 Bonu	WKCAC
Bellevue Club (8-10)	14U Champs	0U, 11-12, 13-14 - 1 Bonu	KCAC
Dec 14-15-16-17	WA State Sr Champs	Open - 1 Bonus	WKCAC
Cascade (14-17)	WA State Sr Champs	Open - 1 Bonus	WKCAC
Dec 22-23-24	Closed Weekend		NO WKCAC - Christmas Weekend
Dec 30-31	Closed Weekend		NO WKCAC - New Years Weekend
JANUARY			
Jan 6-7	Special		NO WKCAC - Kentridge Invite / Jan 7th WKCAC Available
Jan 11-12-13-14-15	Special		WKCAC Available - (MLK 1/17) - Washington Open
WAVE (13)	WAVE 10&U January Special	NO	Juanita Aquatic Center
WAVE (14)	WAVE 10-14 January Special	NO	Juanita Aquatic Center
VAST (11-14)	2024 Washington Open	NO	KCAC
Jan 20-21	Special		NO WKCAC Alt WA Open Date
Bellevue Club (21)	Snowflake Classic	NO	Hazen
Bellevue Club (21)	BC January Mile	NO	Hazen
WAVE (20)	WAVE 12&0 January Special	NO	Juanita Aquatic Center
BBST (20-21)	BBST 2024 Aly Fell Sprint Class	No	Arne Hanna
WEST (26)	Winter Distance Meet	NO	WEST Coast Aquatics
Jan 27-28	Winter Challenge		TWO MORE HOST NEEDED
Cascade (27-28)	Winter Challenge		Snohomish Aquatic Center
Pacific Dragons Swim Team	Winter Challenge		Mary Wayte
Poulsbo Pirhanas (27-28)	Winter Challenge	NO	North Kitsap Community Pool or Olympic AC TENTATIVE
South Snohomish County Dolphins	Winter Challenge	NO	Kamiak HS
Port Angeles Swim Club (27-28)	Winter Challenge	no	Shore Aquatic Center

Thunderbird Aquatic Club (27-28)	Winter Challenge	NO	Fidalgo Pool and Fitness Center
FEBRUARY			
Feb 3-4	Special		NO WKCAC - Water Polo
Bainbridge Island Swim Club (3-4)	BISC Bluefin Invitational	NO	Ray Williamson Pool at Bainbridge Island Aquatic Center
Issaquah (4)	2024 Feb. Distance Invitational	NO	Snohomish Aquatic Center
Olympic Cascade (4)	John Walker Distance Invitation	NO	Mary Wayte
WEST (2-4)	Single-Age Invitational	NO	WEST Coast Aquatics / Kamiak HS
Feb 10-11	Special		NO WKCAC - NW Conference (Superbowl 2/10)
University Place Aquatic Club (10-11)	UPAC February Fly-In	NO	Curtis Aquatic Center
King (23-25)	AGI	Gold by event (1 bonus)	WKCAC
MARCH			
Mar 1-2-3	Special		NO WKCAC - Pac 12 Men's Conference 2/28-3/2
Chinook (2-3)	March Madness	NO	Mary Wayte
Metro (2-3)	Daffodil Classic	NO	Mt. Tahoma HS
BBST (1-3)	2024 Seize the Day Invite	NO	Snohomish Aquatic Center
Pacific Dragons Swim Team (2-3)	PDST March Last Chance Invite	NO	Hazen Pool
Mar 9-10			NO WKCAC - NCAA Diving (Daylights Saving 3/10)
Mar 9-10	13&O Spring Showdown		NO POOL/NEED HOST
Mar 14-15-16-17	Speedo Championships	Sr Sectionals	WKCAC
SMAC	Speedo SR Sectionals	NO	WKCAC
Mar 16-17	12&U Spring Showdown	Showdown	NO POOL/NEED HOST
Vashon Seals (16-17)	Kaholo Island Classic	NO	University of Puget Sound
Mar 21-22-23-24	NW Age Group Regionals	Regionals	WKCAC/NEED HOST
Mar 30-31			No WKCAC - Event (Easter 3/31)
APRIL			
Apr 6-7	Special		NO WKCAC - Water Polo
Apr 13-14	Special		NO WKCAC - USAD or PNS Masters
Mighty Marlins (13-14)	Marlins Madness	NO	Snohomish Aquatic Center
Poulsbo Pirhanas (13-14)	Spring Splash	NO	Olympic Aquatic Center (not yet secured)
Apr 20-21	Special		NO WKCAC - Special Olympics
Apr 27-28-29			
Cascade (27-28)	Cascade Spring Spectacular	NO	Rainier Beach Pool
South Snohomish County Dolphins	A-1 Dick LaFave Classic	Gold by event - 2 bonus per event	WKCAC
MAY			
May 3-4-5			
Bellevue Club (3-5)	A-2 May Flowers	Gold by event - 2 bonus per event	WKCAC
May 11			HOD
May 12	Special		WKCAC Available (Mother's Day)
WAVE (12)	WAVE 10&U May Special	NO	Juanita Aquatic Center

May 17-19	Special		
Issaquah (17-19)	A-3 2024 Springtime Madness ("A" Meet)	1 bonus per event - 2 bonus per day	WKCAC
SlingRay Swim Team (18-19)	Pacific Coast Invitational	NO	Snohomish Aquatic Center
WAVE (18)	WAVE 10-14 May Special	NO	Juanita Aquatic Center
BBST(18-19)	Take a Chance Invitational	NO	Arne Hanna
WAVE (19)	WAVE 12&O May Special	NO	Juanita Aquatic Center
May 24-26			NO WKCAC - (Memorial Day 5/27)
JUNE			
June Meets at WKCAC are tentative as wait on them to confirm Special Olympics,			
Jun 1-2	Special		WKCAC May be Available
VAST (1-2)	VAST Summer Sprints	NO	KCAC
Jun 8-9	Special		WKCAC May be Available
Jun 8-9	Special		
Thunderbird Aquatic Center (9-11)	Spring Thunderbird Invitational	NO	Fidalgo Pool and Fitness Center
June 15-16	Special		WKCAC May be Available
MET (15-16)	Cannonball Classic	NO	KCAC
Jun 15-23	Olympic Trials	Olympic Trials	Indianapolis, ID (Qual May 30, 2024)
Jun 21-22-23	Special		WKCAC May be Available
Jun 22-23	Special		
Issaquah (22-23)	IST June Open	NO	KCAC or SAC
Jun 29-30	Special		WKCAC May be Available
Jun 29-30	Special		
Cascadia (27,28,29)	Cascade Senior Seattle Open	NO	Colman Pool
JULY			
Jul 6-7	Special		NO WKCAC - USAD Event
Jul 12-13-14	Special		WKCAC Available
SMAC (12-14)	SMAC Summer Classic	NO	King County Aquatic Center
Jul 18-19-20-21	Speedo Championship	Sr Sectionals	Mt Hood, OR
Jul 19-20-21			WKCAC Available
Chinook (19-20)	2024 AgeGroup Seattle Open	YES	Colman Pool
Metro (19-21)	SC Summer Classic	NO	MITahoma HS or Curtis Aquatic Center(CAC is the want but they have not confirmed)
BBST (20-21)	BBST Final Summer Splash	NO	Arne Hanna
Jul 25-26-27	SR Champs/IST HOST	Open - 1 Bonus	WKCAC
Jul 28			NO WKCAC - Midlakes
Jul 26 - Aug 10	Olympics		Paris, France
AUGUST			
Jul 30 -Aug 3	WZ Sr Champs	Sr Zones	Clovis, CA
Aug 1-2-3-4	14&U Champs/	19U, 11-12, 13-14 - 1 Bonus	WKCAC/NEED HOST
Aug 7-8-9-10	WZ AG Champs	AG Zones	TBD