Pacific Northwest Swimming	Travel Team Medical Release
Rules and Procedures	
Index AD-08-01	Effective Date: 2/23/2009
2/23/2009: Original, Created to officially document PNS policy with respect to necessary medical releases for PNS Travel Teams	

- 1. This policy is based on recommendations from USA Swimming for accommodating athletes with medical conditions when they are traveling with a PNS sponsored team.
- 2. Each athlete and their parent(s) or guardian must sign the USA Swimming "Liability Release and Indemnification Form for Minor Travel" for each trip for which an athlete is to participate. This form will be provided as part of the Athlete Application package for these PNS sponsored teams.
- 3. In addition, for each traveling athlete with a condition that requires medication or treatment, a doctor must sign off/authorize the athlete's participation in the PNS organized swimming trip or activity.
- 4. Under no circumstances is anyone other than the athlete, their parent/guardian or qualified medical personnel authorized to administer medication of any type to any athlete. This restriction includes administration of nominally over-the-counter or typically inconsequential medications such as aspirin, etc.
- 5. Parents/guardians that do not sign the required forms or who are not comfortable with having their athlete take responsibility for their own medication must accompany their athlete on the trip or the athlete will neither be accepted as part of the team nor allowed go on the trip.