

PN LC Challenge Series Standards

Girls			10&U	Boys		
SCM	LCM	SCY		SCY	LCM	SCM
49.19	49.99	47.39	50 Free	47.19	49.99	49.19
1:47.69	1:49.29	1:42.29	100 Free	1:41.29	1:45.59	1:43.99
3:40.29	3:43.49	3:27.29	200 Free	3:27.09	3:36.49	3:33.29
7:42.19	7:48.59	8:40.59	400/500 Free	8:38.09	7:38.29	7:31.89
55.19	55.79	53.79	50 Back	53.79	56.99	56.09
1:59.89	2:01.09	1:50.59	100 Back	1:49.59	1:56.09	1:54.89
1:01.89	1:02.89	59.19	50 Breast	58.89	1:02.59	1:01.59
2:09.49	2:11.49	2:03.69	100 Breast	2:00.29	2:11.19	2:09.09
56.59	57.29	53.39	50 Fly	54.89	58.09	57.29
2:11.39	2:12.79	1:56.69	100 Fly	1:53.49	2:09.49	2:08.09
4:12.49	4:15.69	3:45.89	200 IM	3:44.99	4:09.49	4:06.29
Girls			11-12	Boys		
SCM	LCM	SCY		SCY	LCM	SCM
37.69	38.49	36.29	50 Free	36.79	38.89	37.89
1:24.59	1:26.19	1:21.29	100 Free	1:22.29	1:28.19	1:26.59
3:11.29	3:12.89	2:48.39	200 Free	2:52.29	3:19.39	3:17.79
6:26.49	6:32.89	7:09.19	400/500 Free	7:02.09	6:21.09	6:14.69
13:28.79	13:41.59	15:02.69	800/1000 Free	14:43.49	13:20.19	13:07.39
25:42.89	26:06.89	25:07.39	1500/1650 Free	24:27.69	25:51.79	25:27.79
45.49	46.09	42.79	50 Back	44.09	46.29	45.69
1:36.09	1:37.29	1:31.99	100 Back	1:31.09	1:38.59	1:37.39
3:25.69	3:28.09	3:08.49	200 Back	3:05.19	3:22.99	3:20.59
51.69	52.69	48.39	50 Breast	48.79	52.99	51.89
1:50.39	1:52.39	1:42.19	100 Breast	1:41.69	1:51.29	1:50.29
3:52.79	3:56.79	3:30.89	200 Breast	3:32.09	3:57.89	3:43.89
45.69	46.39	42.19	50 Fly	43.29	46.09	45.39
1:42.19	1:43.59	1:30.69	100 Fly	1:30.59	1:42.29	1:40.89
3:28.29	3:31.09	3:09.49	200 Fly	3:09.49	3:24.79	3:21.99
3:27.59	3:30.79	3:05.49	200 IM	3:03.99	3:33.09	3:29.89
7:25.69	7:28.89	6:31.69	400 IM	6:37.09	7:17.89	7:14.69

Girls			13-14	Boys		
SCM	LCM	SCY		SCY	LCM	SCM
34.19	34.99	32.09	50 Free	29.79	32.29	31.49
1:16.99	1:17.89	1:11.89	100 Free	1:06.69	1:11.79	1:10.99
2:49.29	2:52.49	2:34.39	200 Free	2:24.39	2:44.19	2:40.99
6:04.69	6:11.09	6:34.89	400/500 Free	6:10.09	6:04.69	5:28.29
12:32.69	12:45.49	14:11.09	800/1000 Free	13:17.99	12:00.59	11:47.79
24:04.39	24:28.39	23:42.89	1500/1650 Free	22:22.89	23:04.59	22:40.59
44.69	45.29	38.89	50 Back	36.39	44.09	43.49
1:28.69	1:29.89	1:19.99	100 Back	1:16.79	1:28.49	1:27.29
3:09.69	3:12.09	2:42.29	200 Back	2:34.99	3:09.69	3:07.29
49.69	50.69	44.59	50 Breast	40.79	49.09	48.09
1:45.89	1:47.89	1:34.29	100 Breast	1:27.39	1:36.69	1:34.69
3:37.49	3:41.49	3:12.89	200 Breast	2:57.99	3:37.89	3:33.89
42.09	42.79	36.49	50 Fly	33.99	39.99	39.19
1:34.69	1:36.09	1:21.39	100 Fly	1:13.89	1:26.99	1:25.59
3:12.89	3:36.69	2:58.69	200 Fly	2:43.89	3:24.69	2:56.89
3:11.89	3:15.09	2:50.89	200 IM	2:37.49	3:03.79	3:00.59
6:51.59	6:57.99	6:05.79	400 IM	5:37.69	6:30.69	6:24.29
Girls			15&O	Boys		
SCM	LCM	SCY		SCY	LCM	SCM
31.29	32.09	28.89	50 Free	25.29	28.49	27.69
1:08.89	1:10.49	1:03.79	100 Free	55.69	1:02.79	1:01.19
2:31.19	2:34.39	2:17.39	200 Free	2:02.39	2:18.89	2:15.69
5:24.19	5:30.59	6:06.79	400/500 Free	5:35.59	5:08.19	5:01.79
12:04.99	12:17.79	13:52.89	800/1000 Free	12:51.79	11:33.99	11:21.19
23:09.49	23:33.49	23:15.89	1500/1650 Free	21:26.59	22:08.29	21:44.29
40.49	41.09	33.99	50 Back	30.59	35.89	35.29
1:21.39	1:22.59	1:12.19	100 Back	1:06.09	1:14.89	1:13.69
3:00.09	3:02.49	2:37.19	200 Back	2:23.79	2:46.49	2:44.09
45.89	46.89	41.69	50 Breast	36.99	40.89	39.89
1:37.19	1:39.19	1:24.99	100 Breast	1:15.59	1:25.39	1:23.39
3:26.39	3:30.39	2:59.89	200 Breast	2:43.89	3:03.19	2:59.19
35.89	36.59	33.79	50 Fly	29.59	32.49	31.79
1:20.89	1:22.29	1:10.89	100 Fly	1:01.29	1:09.19	1:07.79
3:04.99	3:07.79	2:45.79	200 Fly	2:30.89	2:51.69	2:48.89
2:51.59	2:54.79	2:33.69	200 IM	2:19.29	2:36.39	2:33.19
6:38.29	6:44.69	5:54.99	400 IM	5:22.19	6:14.69	6:08.29